# Estimating the global health impacts from environmental risks

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THE UNIVERSITY OF BRITISH COLUMBIA

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# DATA

DATA – context and perspective Success stories -> Hope
Identify priorities (and inequities) For policy action, regulation, research
Media and activism

Hans Rosling (GapMinder) Our World in Data Yale Environmental Performance Index **Global Burden of Disease** 

CANUE CAREX Canada "Eye-opening and essential." -- Bill Gates

### Not the End of the World

How We Can Be the First Generation to Build a Sustainable Planet

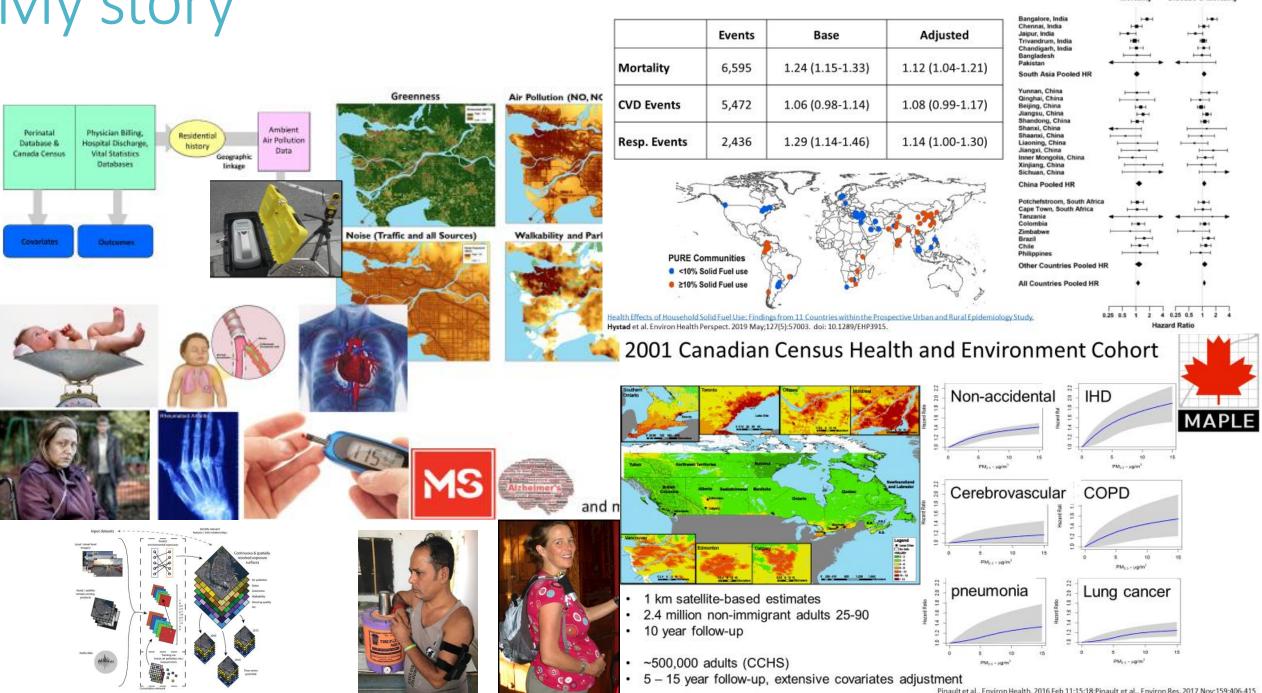
**Hannah Ritchie** 

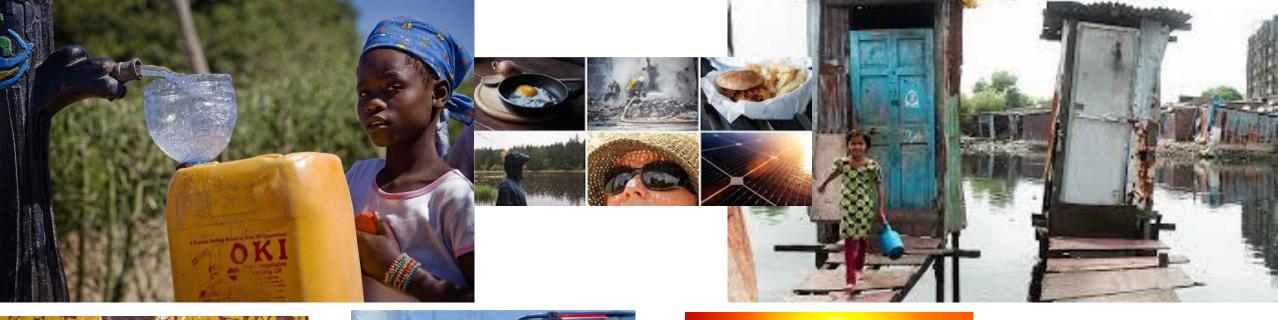
Deputy Editor and Lead Researcher at Our World in Data

# My story

#### Household air pollution (Solid fuels) PURE

All-Cause Cardiorespiratory Mortality **Disease & Mortality** 















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### Why assess disease burden?

- Prioritization
  - Current status
  - Geographical variation
- Trends
  - assess effectiveness if interventions / identify new challenges
- Identification/ranking of modifiable risk factors
- Methodology / understanding of disease processes and risk factors

### **Common questions**

- What is the total impact of disease and injury in the population? -- the overall target for public health interventions? (Disease Burden)
  - Which diseases are most important for which groups?
  - Are things getting better or worse?
- How do we compare the impacts of different **risk factors** and potential interventions that affect different populations? (Attributable Burden)
  - What is the burden of disease from environmental factors?
  - How does the impact of tobacco smoking compare to that from air pollution?

### Global Burden of Disease: Measuring What Matters

- > A *systematic, scientific* effort to quantify the *comparative* magnitude of *health loss* due to diseases, injuries, and risk factors by age, sex, and geographies for specific points in time.
  - Broad Vision:
    - > Everyone deserves to live a long life in full health.
  - Essential Goal:
    - > Identify what is preventing populations from living longer and healthier lives.
  - > <u>Justification</u>:
    - > You can't save lives if you don't know what people are dying from.
    - > You can't make people healthier if you don't know what is making them sick.

### WHO definition



*"Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity."* - First of nine principles, World Health Organization Constitution (1946) <a href="http://www.ldb.org/iphw/whoconst.htm">http://www.ldb.org/iphw/whoconst.htm</a>

"spiritual well-being" added in 1999

"The extent to which an individual or group is able, on the one hand, to realize aspirations and satisfy needs; and, on the other hand, to change or cope with the environment"

- Alma Ata Declaration, international conference on primary health care (WHO, 1978)

# Eight Principles

- 1. Comprehensive comparisons, aka leave no blanks
- 2. Communicate the **strength** of the evidence
- 3. Ensure internal consistency
- 4. Iterative approach to estimation
- 5. Identify all relevant data sources
- 6. Compare like with like, aka crosswalk different measurements
- 7. Correct for data errors
- 8. Pick the best model based on performance

Aim: Make estimates: (i) comprehensive,

(i) comprehensive,
(ii) comparable, &
(iii) as accurate as possible.

# Focusing on *all* aspects of health loss

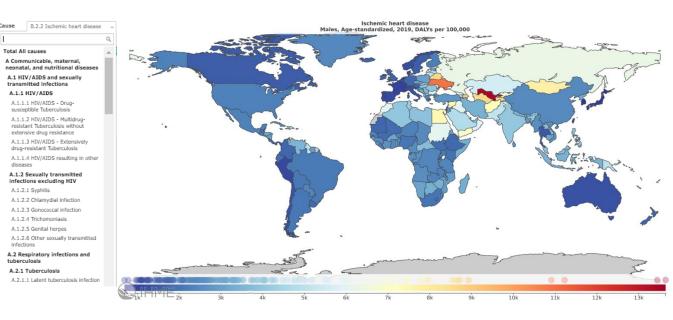
GBD aims to produce **comprehensive and comparable** estimates of *all* forms of health loss (diseases, injuries, impairments) for every country in the world.

Traditional Metrics:

- Death counts, mortality rates
- Incidence, prevalence

Novel Metrics:

- Years of life lost (YLLs) to premature death
- Years lived with disability (YLDs)
  - Time spent sick or injured
    - With disability weight accounting for severity
- Disability adjusted life years (DALYs)



### DALY

Disability Adjusted Life Year is a measure of overall disease burden, expressed as the cumulative number of years lost due to ill-health, disability or early death ty Healthy life Healthy life

Expected life years

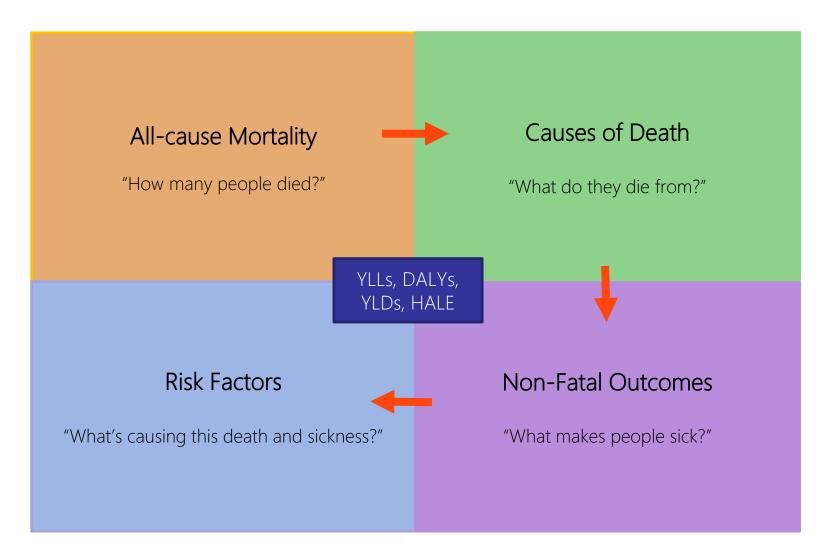
### **Measures of health: Burden of Disease**

- Mortality = Numbers of Deaths
- Burden = Disability Adjusted Life Year (DALY)

• 1 DALY = 1 lost year of **healthy** life

- DALY = YLL + YLD
  - years of life lost because of premature death (YLLs)
  - years of life lived with disability (YLDs)

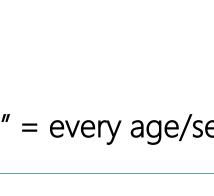
### Four "Building Blocks" of GBD Estimation



## Dimensions of the GBD

- Geographic: 1075 modeling locations
  - 204 countries and 811 sub-national locations
    - Subnational analyses: Brazil, China, England, Ethiopia, India, Indonesia, Iran, Japan, Kenya, Mexico, Norway, Pakistan, Russia, South Africa, Sweden, USA,
- Ages: 5-year age bands (1-4, 5-9, 10-14....95+)
  - <5 years: 06d, 7-27d, 28-364 d, 1-4 years
  - 10 aggregate groups: <5, 5-14 years, 10-24 years, <20 years, 15-49 years, 50-69, 70+, 80+, All ages, age-standardized
- Sex: Male, Female, both sexes combined
- Causes: 369 distinct causes
- Risk factors: 88 risk factors

"for every population" = every age/sex/location/year combination





# Diseases and injuries in the GBD datasets form a hierarchy of 369 causes, mutually exclusive and exhaustive, of all-cause mortality

**Neoplasms (cancers)** 

...

Group I: Communicable, maternal, neonatal, nutritional diseases HIV/AIDS and tuberculosis Diarrhea, lower respiratory, other common infectious diseases Neglected tropical diseases and malaria Maternal disorders Neonatal disorders Nutritional deficiencies Other communicable, maternal, neonatal, nutritional diseases

Group II: Non-communicable diseases Neoplasms (cancers) Cardiovascular diseases Chronic respiratory diseases Cirrhosis and other chronic liver diseases Digestive diseases Neurological disorders Mental and substance use disorders Diabetes, urogenital, blood, endocrine diseases Musculoskeletal disorders Other non-communicable diseases

#### **Group III: Injuries**

Transport injuries Unintentional injuries Self-harm and interpersonal violence Forces of nature, war, legal intervention Higher-level group data can be interrogated in progressively greater detail:

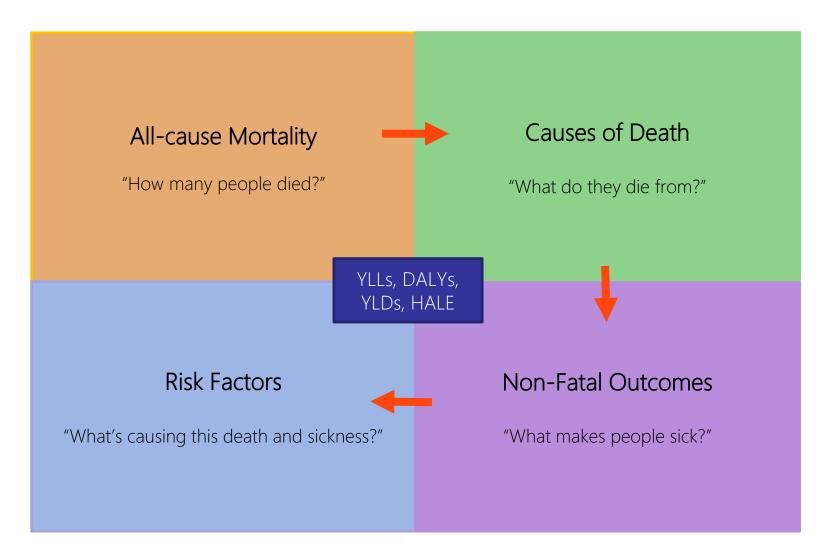
**Esophageal cancer** Stomach cancer Colon and rectum cancer Liver cancer Gallbladder and biliary tract cancer Pancreatic cancer Larvnx cancer Tracheal, bronchus, lung cancer Malignant skin melanoma Non-melanoma skin cancer Breast cancer Mental and substance use disorders **Schizophrenia** Alcohol use disorders **Drug use disorders Depressive disorders Bipolar disorder** Anxiety disorder **Eating disorders** Autistic spectrum disorders Attention-deficit/hyperactivity disorder **Conduct disorder** 

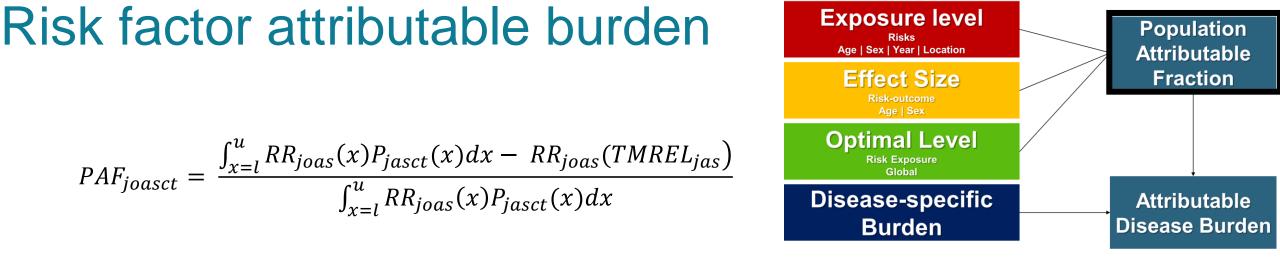
#### Liver cancers

Liver cancer due to hepatitis B Liver cancer due to hepatitis C Liver cancer due to alcohol use Liver cancer due to other causes

Drug use disorders Opioid use disorders Cocaine use disorders Amphetamine use disorders Cannabis use disorders Other drug use disorders

### Four "Building Blocks" of GBD Estimation





Population attributable fraction: excess outcomes (deaths, DALYs etc) attributable to risk factor minus the rates seen in the lowest risk category divided by the total events in the population

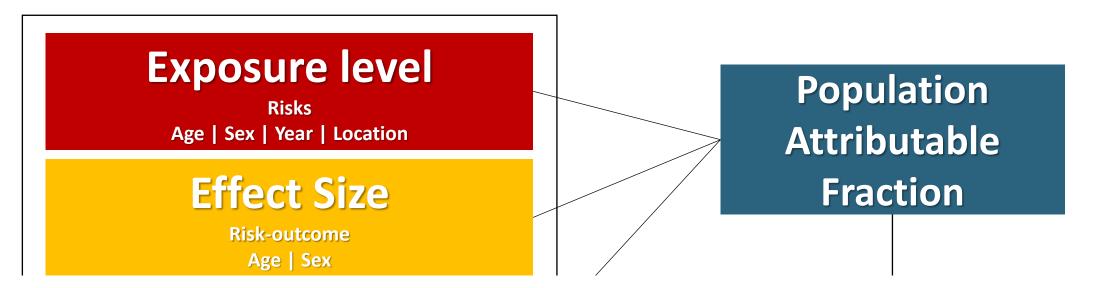
RR is relative risk

*P* is exposure prevalence at different levels of risk *x*. *TMREL* is the theoretical minimum risk exposure level

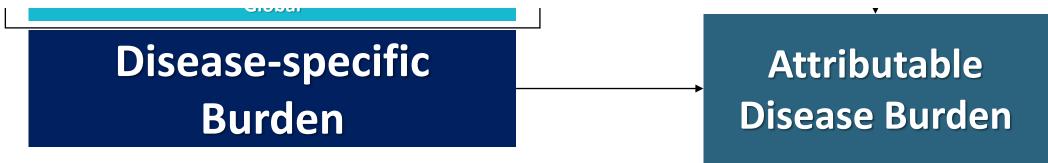
### **Attributable Burden**

- Attributable fraction X Deaths (cause-specific)
- Attributable fraction X DALYs (cause specific)

### Risk factor attributable burden



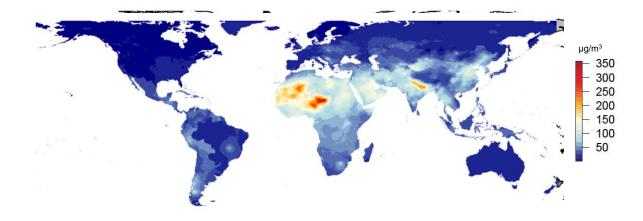
What would the burden of disease be today if past exposure was set to a counterfactual level?



# Combining satellite and ground monitoring to estimate exposure

 $\log(PM_{2.5st}) = \beta_{0st} + \beta_{1st}\log(SAT_s) + \beta_{3..P}X_{st} + \varepsilon_{st}$ 

**Bayesian Hierarchical Model (DIMAQ2)** 



Spatially varying determinants of AOD-PM<sub>2.5</sub> relationship (from chemical transport model, other) + hierarchical random effects

Ground measurements, GBD 2021 **N = 18,406 unique locations,** from 120 countries

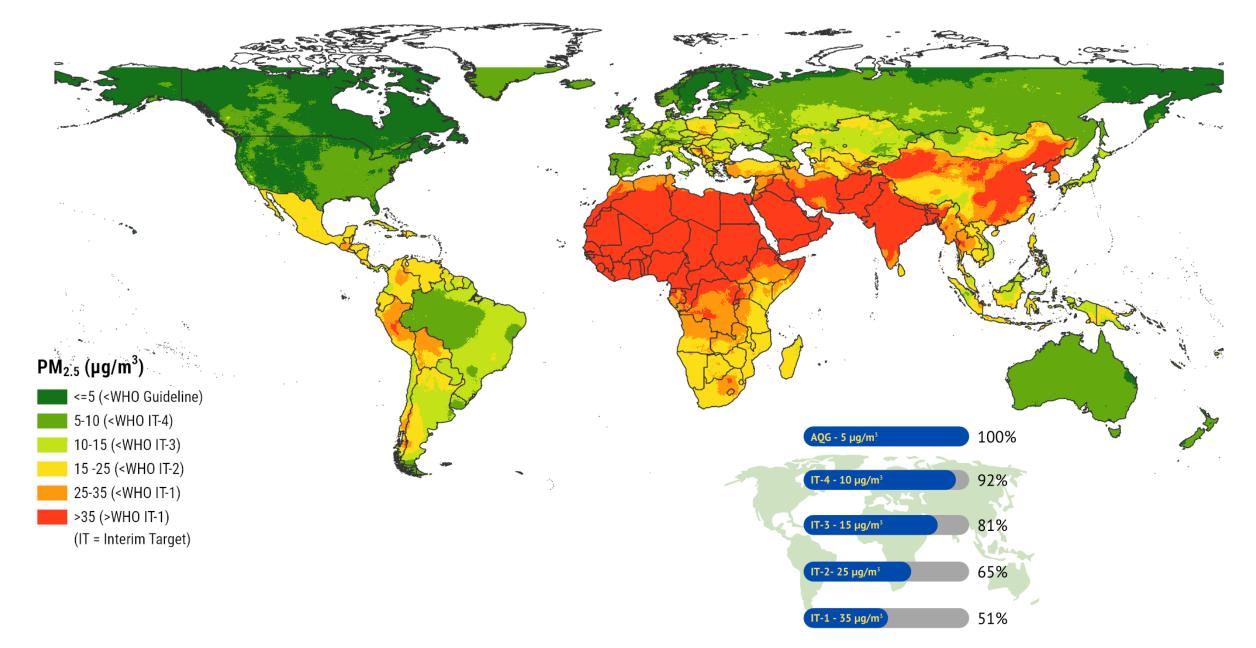
GBD 2021 evaluation: Mean R<sup>2</sup> = 0.91 (95% UI 0.87 – 0.93) Mean Pop-weighted RMSE = 8.5 (6.2 – 12.8)  $\mu$ g/m3

### ~11 x 11 km resolution (also 1 x 1 km), annual average

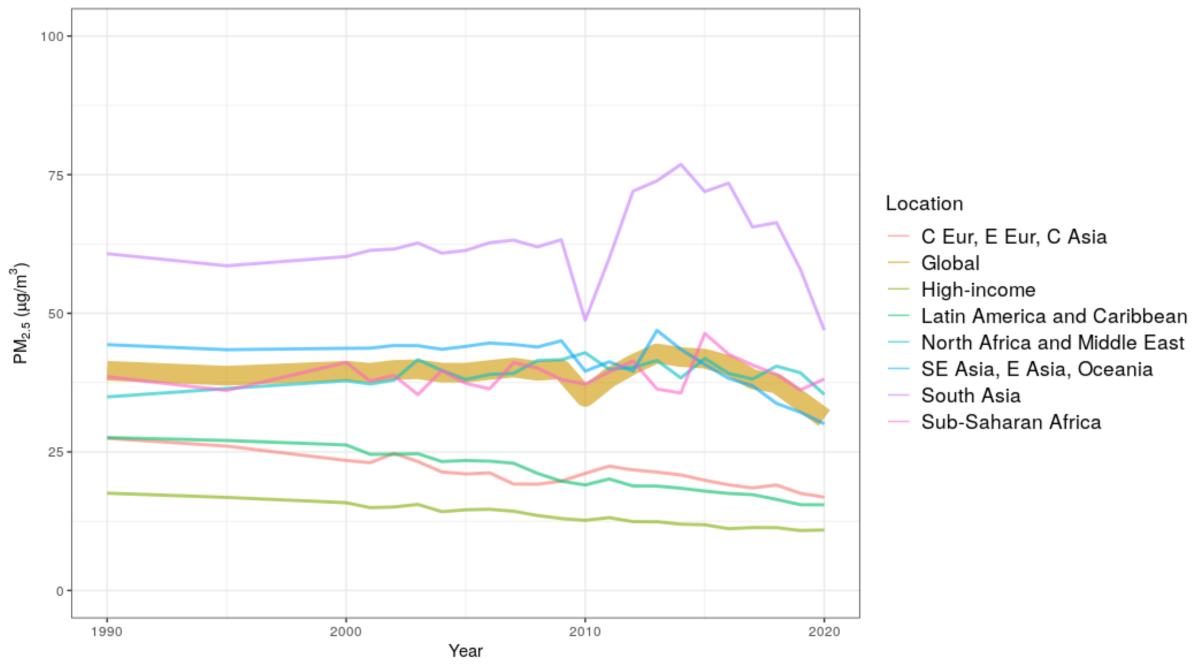
Shaddick et al. 2018. Data integration model for air quality: a hierarchical approach to the global estimation of exposures to ambient air pollution. J. R. Stat. Soc. C, 67: 231–253. Shaddick et al. 2018. Data Integration for the Assessment of Population Exposure to Ambient Air Pollution for Global Burden of Disease Assessment. Environ Sci Technol. 2018 Aug 21;52(16):9069-9078.



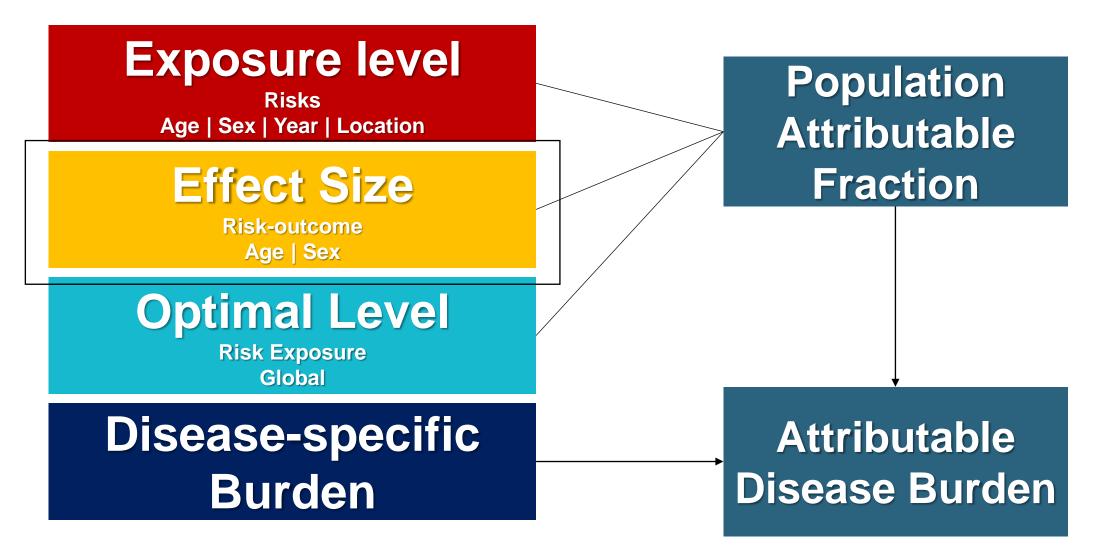
### ~Entire global population lives in areas > WHO AQG



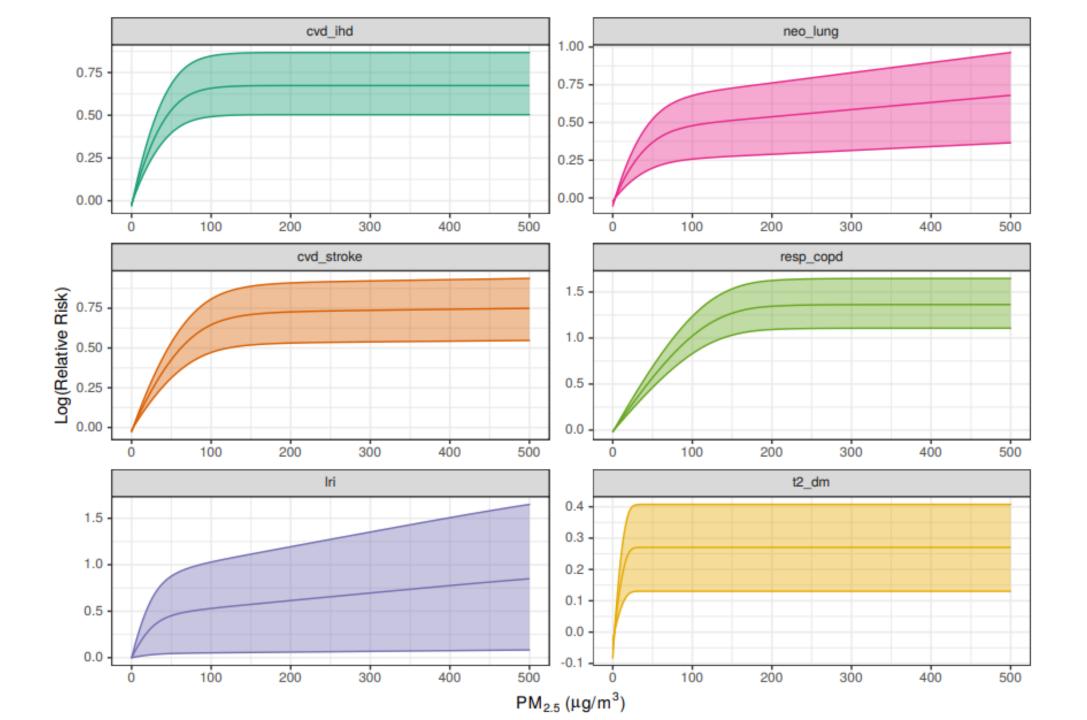
Population-weighted ambient PM2.5 Exposure



### Estimating disease burden from environmental risks



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### Robust assessment of the risk-outcome relationship

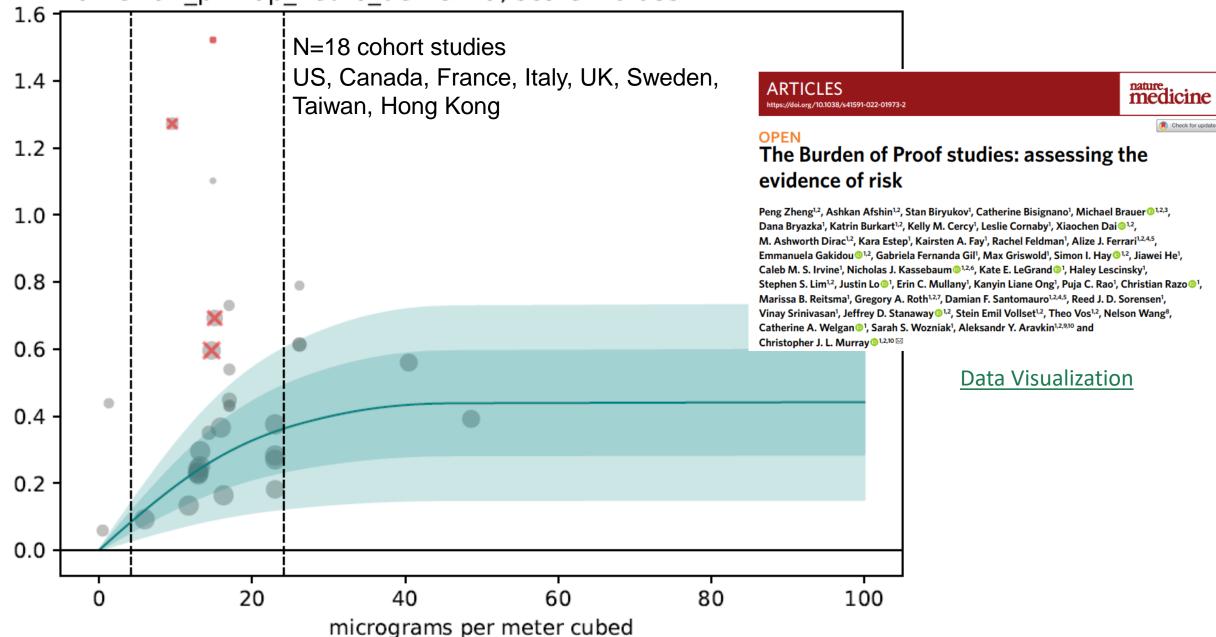
- Meta-analysis or meta-regression often used as an input.
- Many methods assume the relationship between exposure and risk is **log-linear**
- National or international guidelines typically come from expert committees
  - can consider nuances hard to capture in quantitative methods
  - different expert groups can and do arrive at different conclusions
- **GRADE** proposed to standardize issues. But GRADE is also subjective.
- Risk-outcome relationships with **small increases in risk** are more likely due to residual confounding or other biases.
- Unexplained between-study heterogeneity suggests uncaptured uncertainty

### Burden of Proof Risk Function

- Smallest level of excess risk that is consistent with data.
- Incorporates:
  - mean relationship between risk and exposure in the available data
  - unexplained\* between study heterogeneity adjusted for number of studies
    - \*study design covariates (confounding, selection bias, exposure measurement, etc.)

### **Burden of Proof**

name=air\_pmhap\_neuro\_dementia, score= 0.085



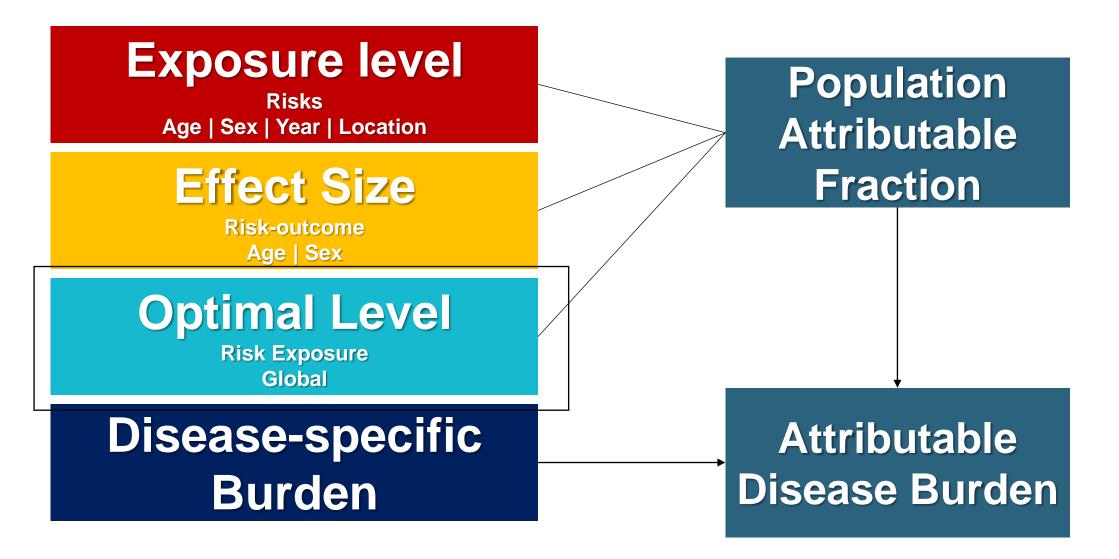
### **Burden of Proof Risk Function**

### **Risk Outcome Scores and Star Ratings**

	Table 1. BPRF Risk-Outcome Score ranges associated with each star rating, and number of risk pairs assigned to each star rating.					
Weak _ evidence	Star rating	Harmful - increases risk of outcome in those exposed by:	Protective – decreases risk of outcome in those exposed by:	ROS range	Number of R-O pairs (n = 211)	
	One star	0%	0%	<0.00	52	
	Two stars	0–15%	0–13%	0.00-0.14	79	
	Three stars	>15–50%	>13-34%	>0.14-0.41	55	
	Four stars	>50–85%	>34-46%	>0.41-0.62	13	
	Five stars	>85%	>46%	>0.62	12	



### Estimating disease burden from environmental risks



(A) Stacked Cohort (Non-Accidental): eSCHIF+r's(z<sub>0</sub>) (blue), Ensemble RCS (red)

- 7.1 million individuals (128 million person-years)
- 1.15 ~1.5 million deaths; up to 25 years of follow-up
  - Mean (sd) PM<sub>2.5</sub> 8.5 μg/m<sup>3</sup> (3.1)

Relative Risk

1.10

1.05

1.00

 $z_0 = 2.5 \mu g/m^3$ 





https://www.healtheffects.org/publication/mortality-air-pollution-associations-low-exposure-environments-maple-phase-2

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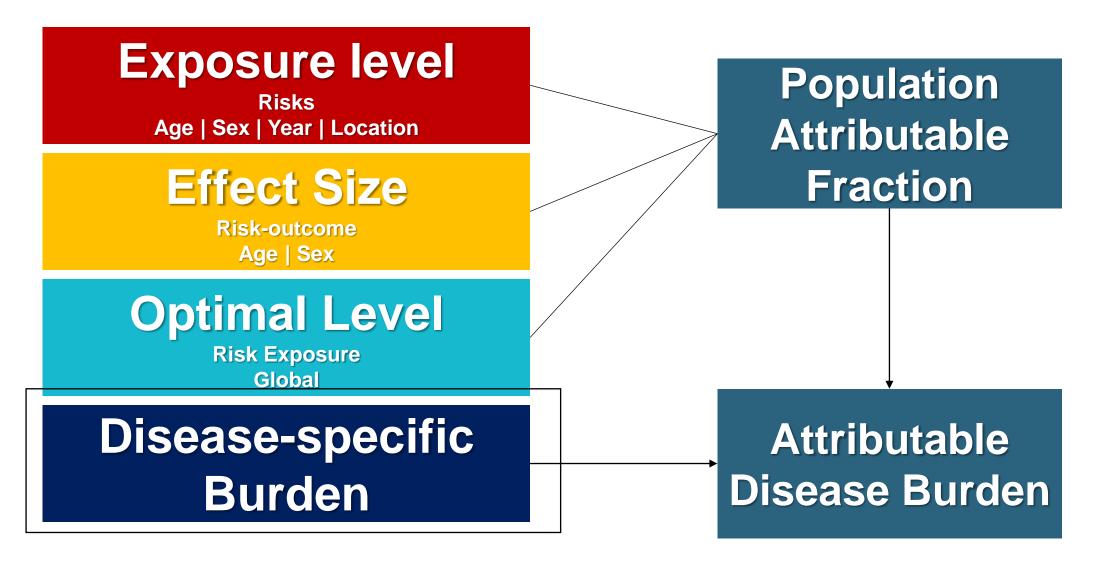
 $PM_{2.5} (\mu g/m^3)$ 

16

17

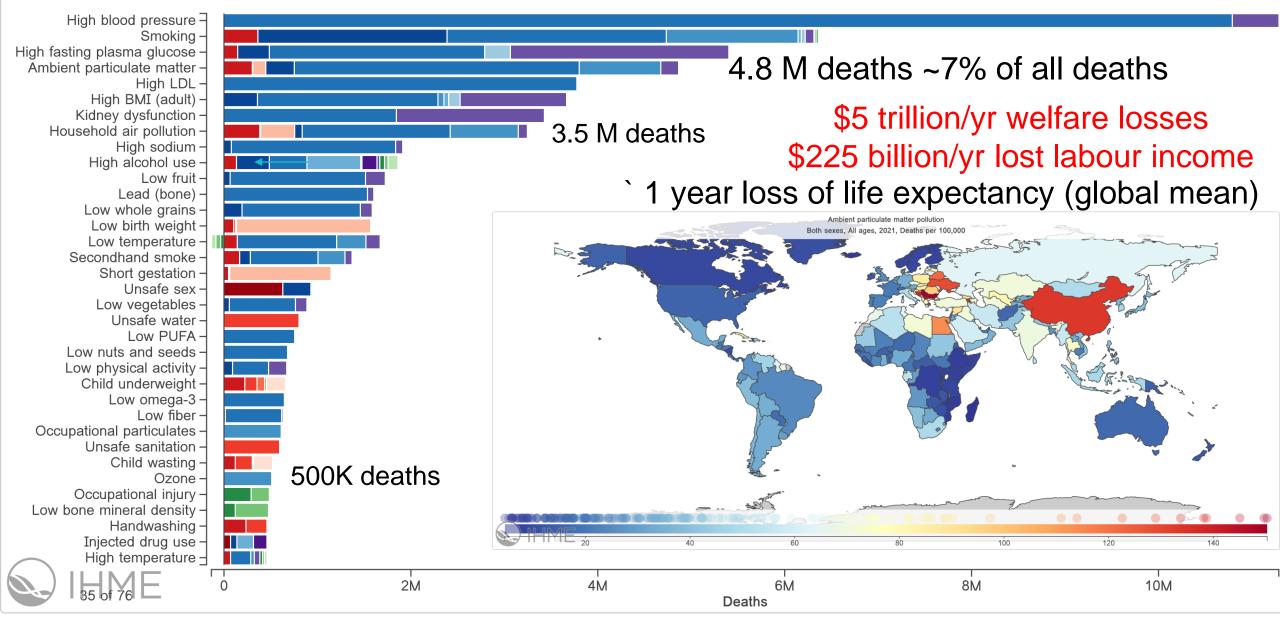
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### Estimating disease burden from environmental risks



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### Air pollution is the leading global environmental risk factor



World Bank. 2016. The cost of air pollution : strengthening the economic case for action

2021

### 88 risk factors

#### Metabolic risks

Level	Risks	
1	Metabolic risks	
2	High fasting plasma glucose	
2	High total cholesterol	
2	High systolic blood pressure	
2	High body mass index	
2	Low bone mineral density	
2	Impaired kidney function	

### Environmental/occupational risks

Level	Risks		
1	Environmental/occupational risks		
2	Unsafe water, sanitation, and handwashing		
3	Unsafe water source		
3	Unsafe sanitation		
3	No access to handwashing facility		
2	Air pollution		
3	Particulate matter pollution		
4	Ambient particulate matter pollution		
4	Household air pollution from solid fuels		
3	Ambient ozone pollution		
3	Nitrogen Dioxide Air pollution		
2	Non-optimal temperature		
3	Low temperature		
3	High temperature		
2	Other environmental risks		
3	Residential radon		
3	Lead exposure		
2	Occupational risks		
3	Occupational carcinogens		
4	Occupational exposure to arsenic		
4	Occupational exposure to asbestos		
4	Occupational exposure to benzene		
4	Occupational exposure to beryllium		
4	Occupational exposure to cadmium		
4	Occupational exposure to chromium		
4	Occupational exposure to diesel engine exhaust		
4	Occupational exposure to formaldehyde		
4	Occupational exposure to nickel		
4	Occupational exposure to polycyclic aromatic hydrocarbons		
4	Occupational exposure to secondhand smoke		
4	Occupational exposure to silica		
4	Occupational exposure to sulfuric acid		
4	Occupational exposure to trichloroethylene		
3	Occupational asthmagens		
3	Occupational ergonomic factors		
3	Occupational injuries		
3	Occupational noise		
3	Occupational particulate matter, gases, and fumes		

### Behavioral risks

Level	Risks			
1	Behavioral risks			
2	Child and maternal malnutrition			
3	Suboptimal breastfeeding			
4	Non-exclusive breastfeeding			
4	Discontinued breastfeeding			
3	Child growth failure			
4	Child underweight			
4	Child wasting			
4	Child stunting			
3	Low birth weight and short gestation			
4	Short gestation for birth weight			
4	Low birth weight for gestation			
3	Iron deficiency			
3	Vitamin A deficiency			
3	Zinc deficiency			
2	Tobacco			
3	Smoking			
3	Smokeless tobacco			
3	Secondhand smoke			
2	Alcohol and drug use			
3	Alcohol use			
3	Drug use			
2	Dietary risks			
3	Diet high in processed meat			
3	Diet high in red meat			
3	Diet high in sodium			
3	Diet high in sugar-sweetened beverages			
3	Diet high in trans fatty acids			
3	Diet low in calcium			
3	Diet low in fiber			
3	Diet low in fruits			
3	Diet low in legumes			
3	Diet low in milk			
3	Diet low in nuts and seeds			
3	Diet low in polyunsaturated fatty acids			
3	Diet low in seafood omega-3 fatty acids			
3	Diet low in vegetables			
3	Diet low in whole grains			
2	Sexual abuse and violence			
3	Childhood sexual abuse			
3 2	Intimate partner violence			
2	Unsafe sex			
2	Low physical activity			

### Results

GBD

### Global burden and strength of evidence for 88 risk factors in 204 countries and 811 subnational locations, 1990–2021: a systematic analysis for the Global Burden of Disease Study 2021



GBD 2021 Risk Factors Collaborators\*

#### **Summary**

Lancet 2024; 403: 2162-203 See Comment page 1960 \*Collaborators listed at the end of the Article

Correspondence to: Prof Simon I Hay, Institute for Health Metrics and Evaluation, University of Washington, Seattle, WA 98195, USA sihay@uw.edu **Background** Understanding the health consequences associated with exposure to risk factors is necessary to inform public health policy and practice. To systematically quantify the contributions of risk factor exposures to specific health outcomes, the Global Burden of Diseases, Injuries, and Risk Factors Study (GBD) 2021 aims to provide comprehensive estimates of exposure levels, relative health risks, and attributable burden of disease for 88 risk factors in 204 countries and territories and 811 subnational locations, from 1990 to 2021.

Methods The GBD 2021 risk factor analysis used data from 54561 total distinct sources to produce epidemiological estimates for 88 risk factors and their associated health outcomes for a total of 631 risk–outcome pairs. Pairs were included on the basis of data-driven determination of a risk–outcome association. Age-sex-location-year-specific estimates were generated at global, regional, and national levels. Our approach followed the comparative risk

### https://www.thelancet.com/gbd 2-page Risk Factor and Cause Summaries THE LANCET

Welcome to the Lancet Global Burden of Disease (GBD) Resource Centre, bringing together the most comprehensive data and analysis of worldwide trends in global health, published across the Lancet family of journals. All GBD Articles published with the Lancet journals are Open Access or otherwise free to read with registration.

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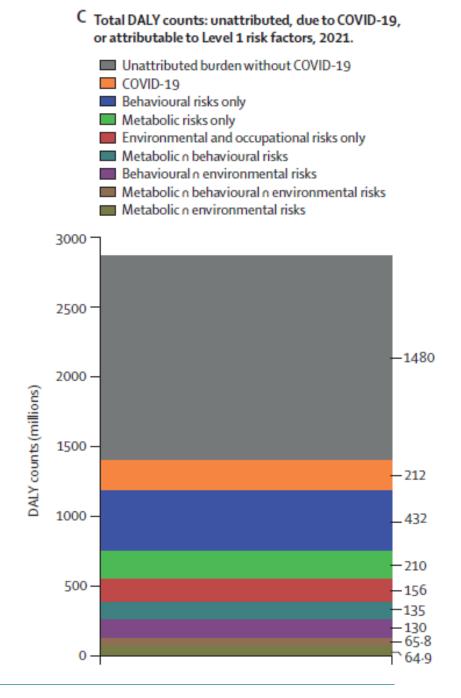
Explore cause and risk summaries 7

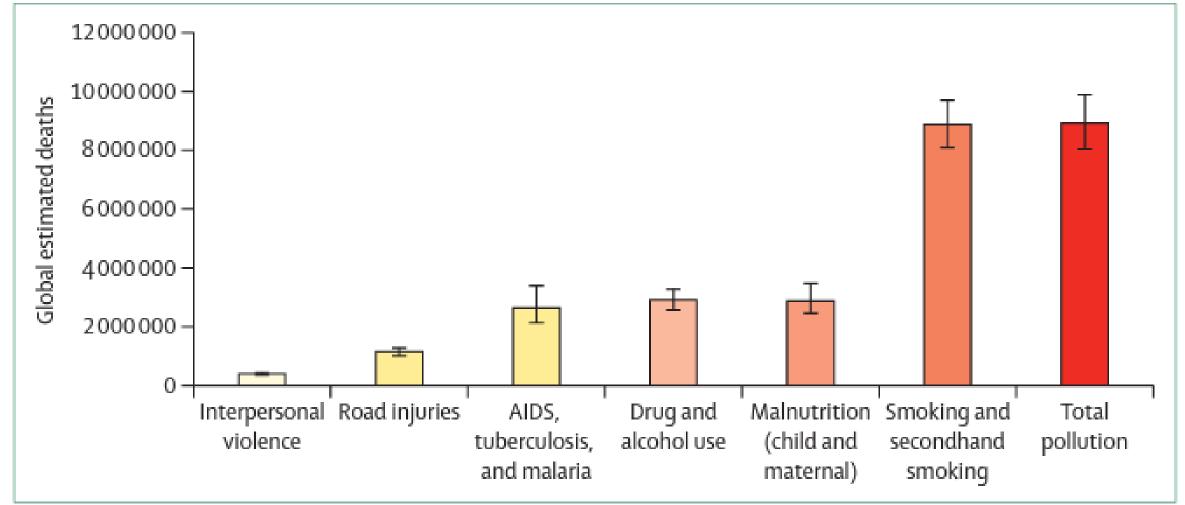
Sign up for GBD Alerts

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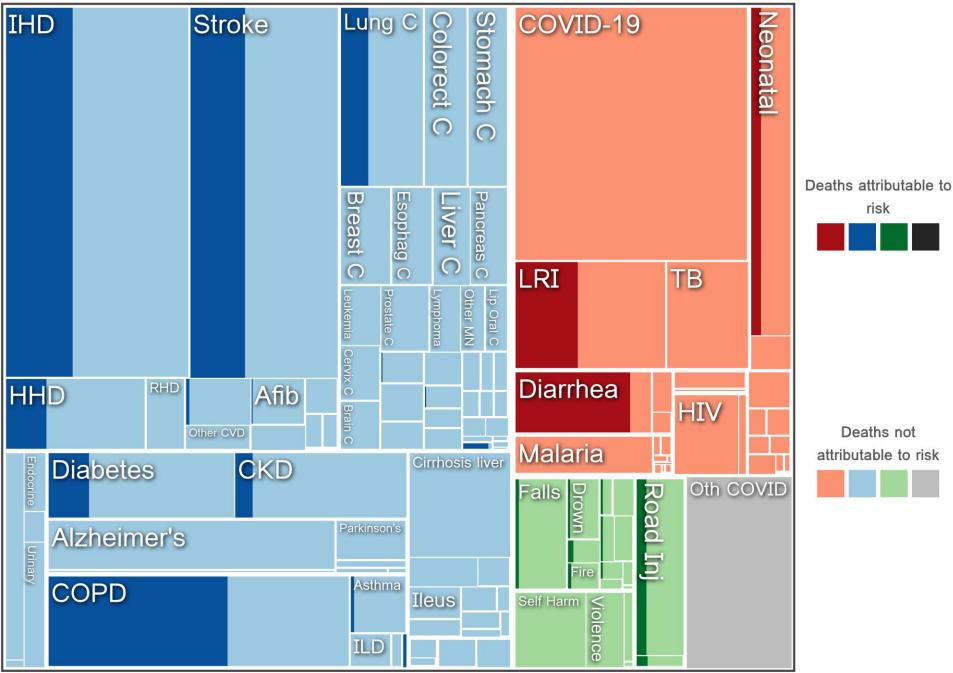
- 88 risk factors
- 155 outcomes
- 631 risk–outcome pairs
- 41·4% global DALYs attributable risk factors
  - 14.4 % Environmental/Occupational
    - $_{\odot}$  18.9% (12.8 million) of all deaths
  - 7.4% of DALYs due to COVID

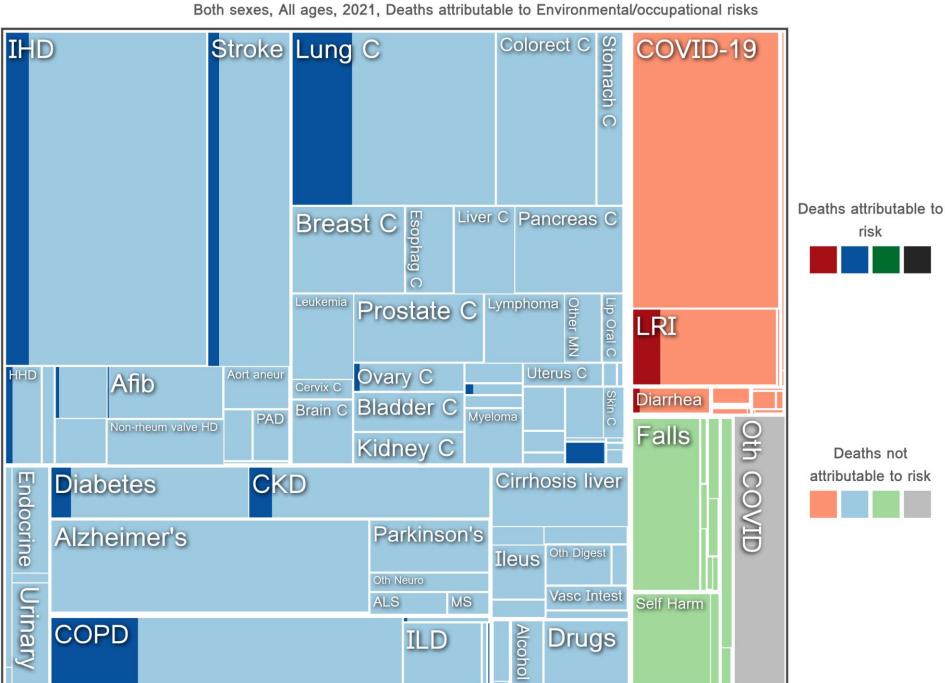




Pollution and health: a progress update. Lancet Planetary Health, 2022. https://doi.org/10.1016/S2542-5196(22)00090-0

Global Both sexes, All ages, 2021, Deaths attributable to Environmental/occupational risks





Canada

attributable to risk

Global

Both sexes, All ages, Deaths

2000 rank

2021 rank

1 High blood pressure	[	1
2 Smoking		2
3 Household air pollution		3
4 High fasting plasma glucose	``	4
5 Ambient particulate matter	· · ·	5
6 High LDL	` <b>`</b> [	6
7 Low birth weight		7
8 Kidney dysfunction	· · · ·	8
9 High BMI (adult)		9
10 Child underweight		1(
11 Short gestation		1′
12 Unsafe water		12
13 Child wasting		1:
14 High alcohol use	<u> </u>	14
15 Unsafe sanitation		1
16 High sodium		16
17 Unsafe sex		1
18 Low fruit		18
19 Secondhand smoke		1
20 Low temperature		20
21 Low whole grains		2
23 Lead (bone)		2
25 Low vegetables	ĺ ľ	29

	1 High blood pressure
	2 Smoking
	3 High fasting plasma glucose
	4 Ambient particulate matter
	5 High BMI (adult)
	6 High LDL
~	7 Kidney dysfunction
	8 Household air pollution
	9 High sodium
	10 High alcohol use
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	12 Low whole grains
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//`	14 Low birth weight
	15 Low temperature
	16 Secondhand smoke
	17 Short gestation
	18 Unsafe sex
```	19 Low vegetables
	20 Unsafe water
	25 Child underweight
~~~~	27 Unsafe sanitation
ì	29 Child wasting

### https://vizhub.healthdata.org/gbd-compare/

#### Metabolic risks

Environmental/occupational risks

Behavioral risks

#### Canada Both sexes, All ages, Deaths

#### 1990 rank

2021 rank

i

1 High blood pressure	L	1 High blood pressure	Metabolic risks
2 Smoking	/	2 Smoking	Environmental/occupational
	1		risks
3 High LDL	i i i i i i i i i i i i i i i i i i i	- 3 High fasting plasma glucose	Behavioral risks
4 High body-mass index	1	4 High body-mass index	
5 High fasting plasma glucose		5 Kidney dysfunction	
6 Kidney dysfunction		6 High LDL	
7 Ambient particulate matter		7 High alcohol use	
8 Low whole grains		8 Low temperature	
9 Low temperature		9 Low whole grains	
10 High alcohol use		10 Occupational asbestos	
11 Secondhand smoke	K X	11 Drug use	
12 Low omega-6	his in t	12 High red meat	
13 Occupational asbestos		13 Low bone mineral density	
14 High red meat	MANNAN /	14 Low fruit	
15 Low fiber		15 High sodium	
16 High sodium		16 Low omega-6	
17 High trans fat	r > r > r	17 Ambient particulate matter	
18 Low fruit		18 Low vegetables	
19 Low legumes		19 High processed meat	
20 Low omega-3		20 Secondhand smoke	
21 Low vegetables		21 Lead	
22 High processed meat		22 Low physical activity	
23 Lead		23 Low fiber	
24 Low bone mineral density		24 Low omega-3	
25 Low physical activity	> /	25 Low legumes	
26 Unsafe sex	·/	26 Occupational particulates	
27 Occupational injury		27 Low milk	
28 Low birth weight		28 Unsafe sex	
29 Low milk		31 Low birth weight	
30 Occupational particulates	Η	38 Occupational injury	
33 Drug use	Y		

Global

Both sexes, All ages, Deaths

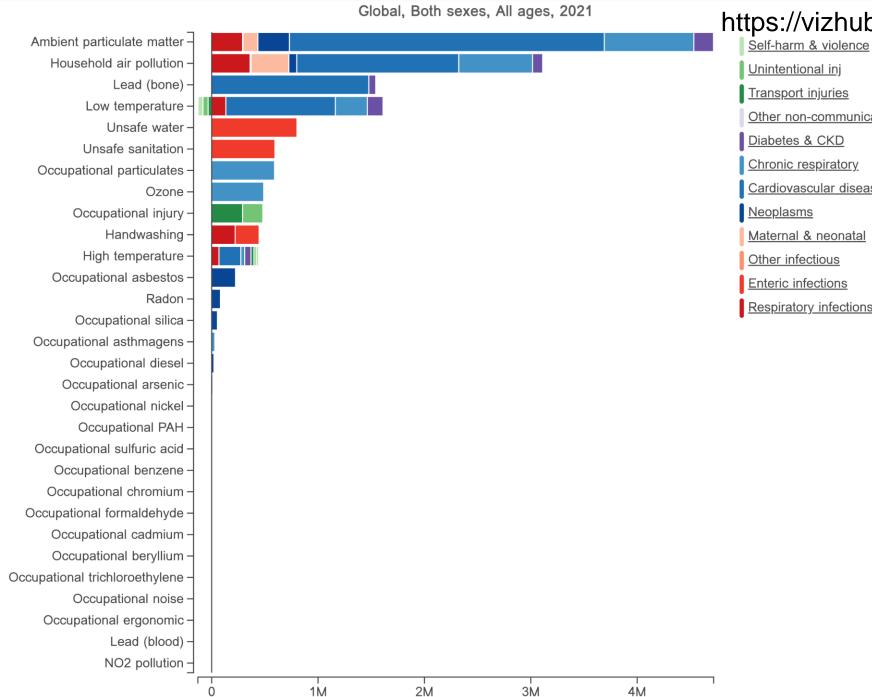
2021 rank 2000 rank 1 Household air pollution 1 Ambient particulate matter 2 Ambient particulate matter 2 Household air pollution 3 Unsafe water 3 Lead (bone) 4 Unsafe sanitation 4 Low temperature 5 Low temperature 5 Unsafe water 6 Lead (bone) 6 Unsafe sanitation 7 Handwashing Occupational particulates 8 Ozone 8 Occupational injury 9 Occupational injury 9 Occupational particulates 10 Ozone 10 Handwashing 11 High temperature 11 High temperature 12 Occupational asbestos 12 Occupational asbestos 13 Radon 13 Radon 14 Occupational silica 14 Occupational silica 15 Occupational asthmagens 15 Occupational asthmagens 16 Occupational diesel 16 Occupational diesel 17 Occupational arsenic 17 Occupational arsenic 18 Occupational nickel 18 Occupational nickel 19 Occupational PAH 19 Occupational PAH 20 Occupational sulfuric acid 20 Occupational sulfuric acid 21 Occupational benzene 21 Occupational benzene 22 Occupational formaldehyde 22 Occupational chromium 23 Occupational chromium 23 Occupational formaldehyde

#### https://vizhub.healthdata.org/gbd-compare/

Metabolic risks

Environmental/occupational risks

Behavioral risks



### https://vizhub.healthdata.org/gbd-compare/

- Other non-communicable
- Cardiovascular diseases
- Maternal & neonatal
- Respiratory infections & TB

Canada

Both sexes, All ages, Deaths

2000 rank

2021 rank

1 Ambient particulate matter	
2 Low temperature	
3 Occupational asbestos	
4 Lead (bone)	
5 Occupational particulates	
6 Occupational injury	
7 Ozone	
8 Radon	, ·
9 Occupational silica	
10 Occupational arsenic	
11 Occupational diesel	
12 Occupational nickel	I. 7
13 Unsafe water	
14 Handwashing	
15 Unsafe sanitation	1
16 High temperature	Y
17 Household air pollution	
18 Occupational asthmagens	
19 Occupational PAH	· ``
20 Occupational sulfuric acid	
21 Occupational benzene	
22 Occupational chromium	
23 Occupational cadmium	

	1 Low temperature
	2 Occupational asbestos
	3 Ambient particulate matter
	4 Lead (bone)
	5 Occupational particulates
	6 Ozone
	7 Radon
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	8 Occupational silica
	9 Occupational injury
	10 High temperature
	11 Occupational arsenic
	12 Occupational diesel
	13 Unsafe sanitation
~	14 Unsafe water
	15 Occupational nickel
	16 Handwashing
	17 Occupational PAH
	18 Occupational asthmagens
	19 Occupational benzene
	20 Occupational sulfuric acid
ì	21 Occupational chromium
	22 Occupational cadmium
Ì	23 Household air pollution

Metabolic risks

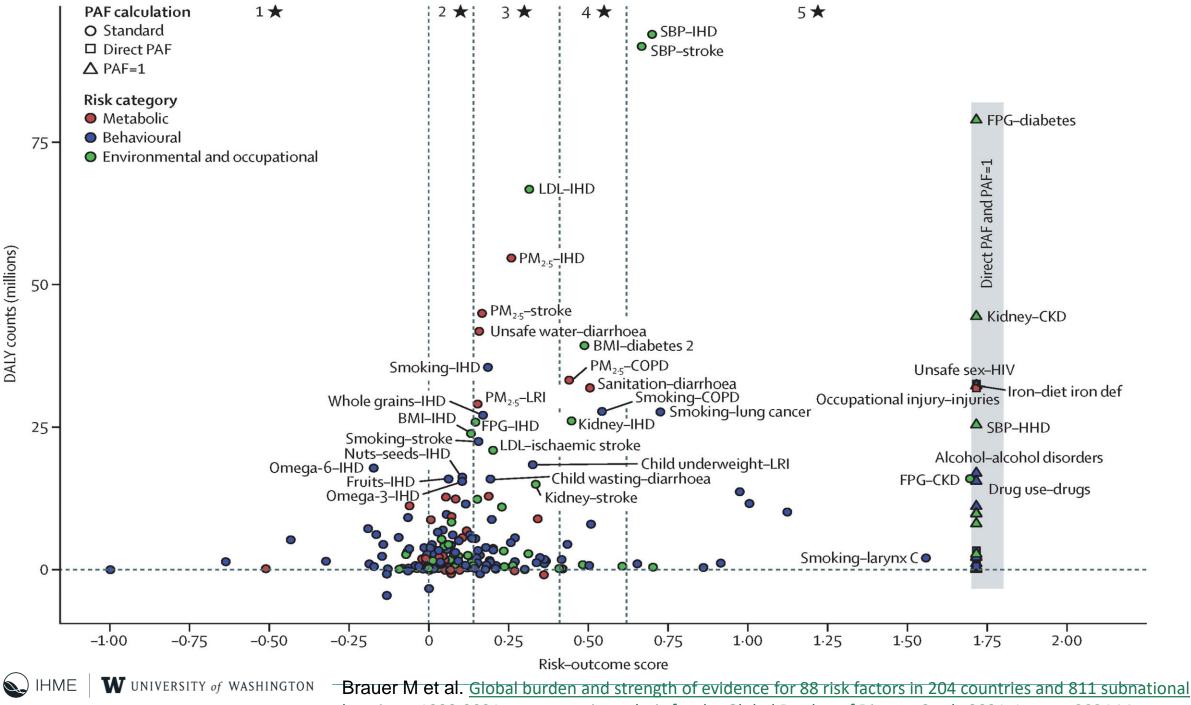
Environmental/occupational risks

Behavioral risks

Leading risks 2000	Percentage of total DALYs, 2000		Leading risks 2021	95% UI for Ranking	Percentage of total DALYs, 2021	Percentage change in number of DALYs, 2000–2021	Percentage change in age-standardised rate of DALYs, 2000–2021
1 Particulate matter pollution	10.6 (8.5 to 12.3)		1 Particulate matter pollution	(1 to 2)	8.0 (6.7 to 9.4)	-17·2 (-25·9 to -6·2)	-41·9 (-47·2 to -35·6)
2 Child growth failure	9·3 (6·4 to 11·1)	/	2 High systolic blood pressure	(1 to 2)	7.8 (6.4 to 9.2)	34·3 (26·7 to 42·3)	-24·3 (-28·4 to -20·0)
3 Low birthweight and short gestation	8.9 (8.3 to 9.6)		3 Smoking	(3 to 6)	5·7 (4·7 to 6·8)	10.8 (3.2 to 19.9)	-34·8 (-39·2 to -29·7)
4 High systolic blood pressure	6·3 (5·2 to 7·4)	1X-	4 Low birthweight and short gestation	(3 to 6)	5.6 (4.8 to 6.3)	-32·4 (-41·2 to -22·3)	-33·0 (-41·6 to -22·8)
5 Smoking	5.6 (4.7 to 6.5)	1	5 High fasting plasma glucose	(3 to 6)	5·4 (4·8 to 6·0)	88·2 (80·5 to 96·4)	7·9 (3·3 to 12·9)
6 Unsafe water source	4.0 (2.3 to 5.2)	X	6 High body-mass index	(3 to 10)	4.5 (1.9 to 6.8)	96·5 (87·1 to 105·8)	15·7 (9·9 to 21·7)
7 Unsafe sanitation	3·3 (2·7 to 3·9)	V	7 High LDL cholesterol	(7 to 10)	3.0 (1.9 to 4.2)	27.0 (20.8 to 33.6)	–26·1 (–29·6 to –22·4)
8 High fasting plasma glucose	3·1 (2·8 to 3·5)	X	8 Kidney dysfunction	(6 to 10)	3.0 (2.6 to 3.4)	49·5 (42·7 to 57·0)	–12·4 (–16·5 to –7·9)
9 High LDL cholesterol	2.6 (1.6 to 3.6)	X /	9 Child growth failure	(6 to 14)	2.6 (1.4 to 3.5)	-69.8 (-77.5 to -62.4)	-71·5 (-78·8 to -64·4
10 Unsafe sex	2.6 (2.1 to 3.2)		10 High alcohol use	(7 to 11)	2.5 (2.1 to 3.1)	12.4 (2.6 to 20.9)	-25·8 (-32·0 to -20·4
11 High body-mass index	2.5 (1.1 to 3.9)	1X-	11 Unsafe sex	(11 to 17)	1.5 (1.4 to 1.7)	-35.0 (-44.6 to -20.1)	-52·4 (-58·9 to -42·3)
12 High alcohol use	2.4 (1.9 to 3.1)	1 1	12 Diet low in fruits	(11 to 22)	1.5 (0.6 to 2.3)	22.5 (15.5 to 34.0)	–26.6 (–30.9 to –20.5
13 No access to handwashing facility	2·3 (-0·5 to 4·9)	$\langle \rangle /$	13 Unsafe water source	(11 to 24)	1.5 (0.8 to 2.0)	-60.1 (-67.1 to -53.2)	-66·3 (-72·0 to -60·2
14 Kidney dysfunction	2·2 (1·9 to 2·4)	X	14 Diet high in sodium	(8 to 36)	1.4 (0.3 to 3.2)	27.6 (1.3 to 41.2)	–26·8 (–40·9 to –19·1
15 Occupational injuries	1.6 (1.5 to 1.7)	$\langle / \rangle /$	15 Diet low in whole grains	(12 to 23)	1.4 (0.6 to 2.1)	30.1 (24.0 to 36.6)	–23·3 (–26·9 to –19·5
16 Secondhand smoke	1.6 (0.8 to 2.4)	A	16 Secondhand smoke	(11 to 26)	1.2 (0.6 to 1.8)	-16.0 (-22.0 to -6.5)	-45·3 (-48·9 to -40·3
17 Diet low in fruits	1·3 (0·5 to 2·0)	XA	17 Iron deficiency	(12 to 23)	1·2 (0·9 to 1·6)	1.6 (-2.1 to 5.3)	–18·1 (–21·2 to –15·2)
18 Iron deficiency	1·3 (0·9 to 1·7)	TX )	18 Lead exposure	(10 to 52)	1·2 (0·0 to 2·4)	28.8 (6.9 to 42.2)	-23·9 (-28·9 to -18·4
19 Diet high in sodium	1.2 (0.3 to 2.7)	XV	19 Unsafe sanitation	(14 to 23)	1.1 (0.9 to 1.4)	-63·8 (-69·8 to -57·6)	-69·2 (-74·4 to -63·2
20 Suboptimal breastfeeding	1·2 (0·9 to 1·5)	$(\Lambda)$	20 Occupational injuries	(15 to 21)	1·1 (1·0 to 1·2)	-25·2 (-30·7 to -20·3)	-43·6 (-47·5 to -39·8
21 Diet low in whole grains	1·2 (0·5 to 1·8)	$\langle \rangle$	21 Drug use	(17 to 24)	1.0 (0.8 to 1.1)	31·1 (23·6 to 38·3)	-4·6 (-10·1 to 0·8)
22 Lead exposure	1.0 (0.0 to 2.0)	1A	22 Low temperature	(19 to 26)	0.9 (0.8 to 1.0)	9·6 (−1·5 to 21·6)	-39·5 (-44·2 to -34·5
23 Low temperature	0.9 (0.7 to 1.0)	X	23 No access to handwashing facility	(11 to 53)	0.8 (-0.2 to 1.8)	-60.5 (-68.9 to -52.3)	-65·7 (-73·4 to -57·8)
24 Drug use	0.8 (0.7 to 0.9)	1	24 Diet low in vegetables	(20 to 29)	0.7 (0.4 to 1.0)	21.8 (13.3 to 35.7)	-28·5 (-33·4 to -21·3)
25 Diet low in vegetables	0.6 (0.4 to 0.9)	H	25 Diet low in omega-6 polyunsaturated fatty acids	(11 to 53)	0.6 (-2.0 to 2.3)	32·9 (23·4 to 38·8)	–21·3 (–25·7 to –17·0)
29 Diet low in omega-6 polyunsaturated fatty acids	0.5 (-1.7 to 1.9)		36 Suboptimal breastfeeding	(30 to 40)	0·3 (0·2 to 0·4)	-71·3 (-75·7 to -66·2)	-71·4 (-75·8 to -66·4)

Brauer M et al. <u>Global burden and strength of evidence for 88 risk factors in 204 countries and 811 subnational</u> locations, 1990-2021: a systematic analysis for the Global Burden of Disease Study 2021. Lancet. 2024 May

Environmental and occupational risks
 Behavioural risks
 Metabolic risks



locations, 1990-2021: a systematic analysis for the Global Burden of Disease Study 2021. Lancet. 2024 May

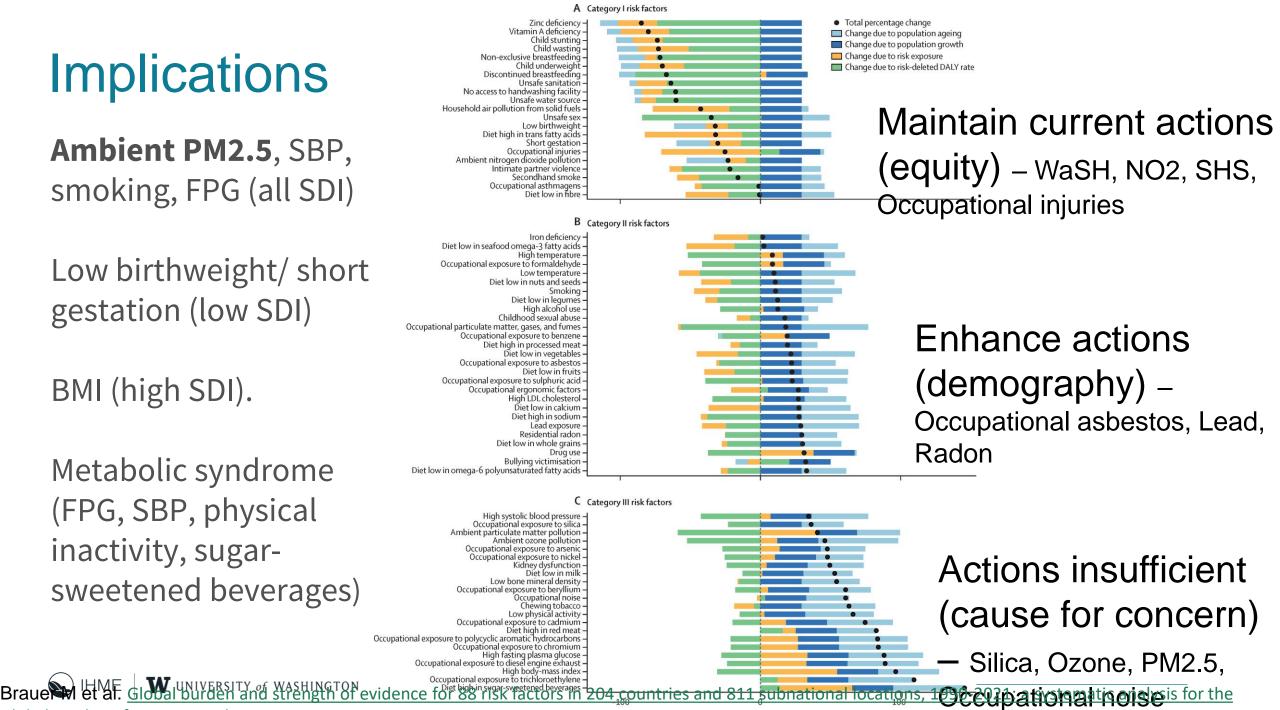
# Implications

Ambient PM2.5, SBP, smoking, FPG (all SDI)

Low birthweight/ short gestation (low SDI)

BMI (high SDI).

Metabolic syndrome (FPG, SBP, physical inactivity, sugarsweetened beverages)



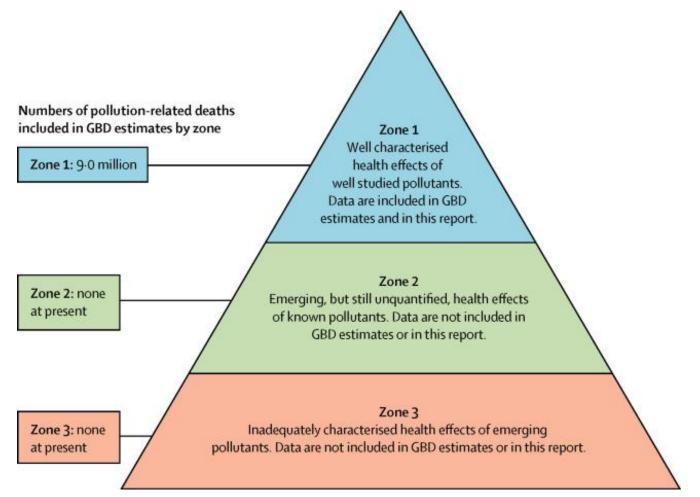
Global Burden of Disease Study 2021 Lancet 2024 May

Percentage change (%)

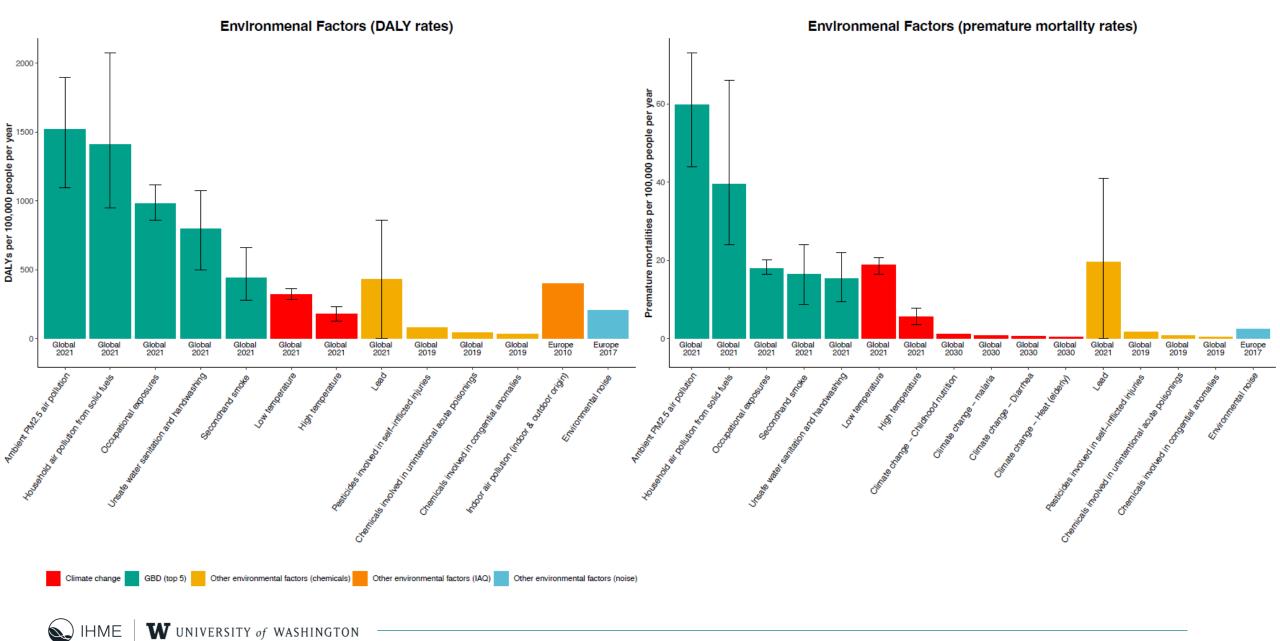
# What's missing?

- Solar UV radiation
- Community noise
- Pesticides
- Mercury, Arsenic •
- Consumer products exposures • (Phthalates, PBDE, PFAS, BPA)
- Drinking water disinfection byproducts ۰

- Nature contact ۲
- Built environment (active-living) ٠



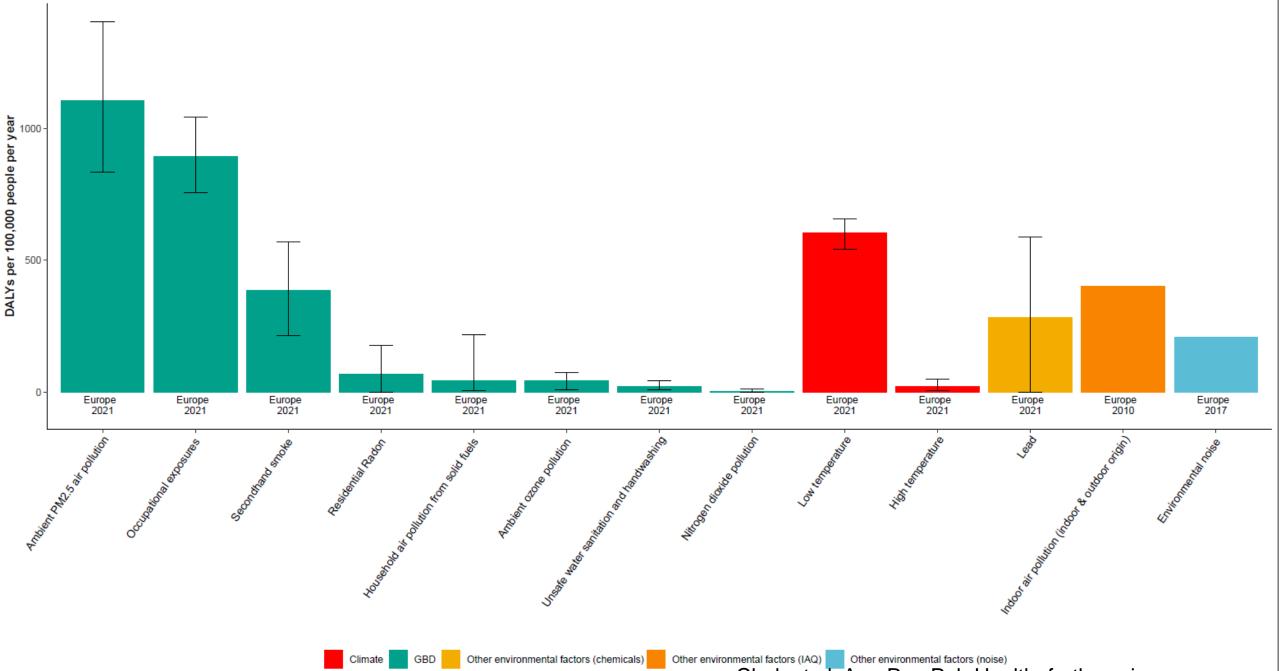
Fuller R et al. Pollution and health: a progress update.Lancet Planet Health. 2022; Shaffer et al. Improving and Expanding Estimates of the Global Burden of Disease Due to Environmental Health Risk Factors. EHP, 2019.



W UNIVERSITY of WASHINGTON IHME

#### Clark et al, Ann Rev Pub Health, forthcoming

Environmenal Factors (DALY rates) - Europe



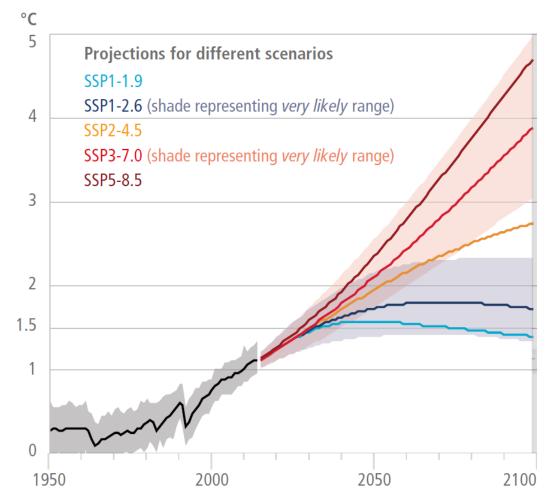
Clark et al, Ann Rev Pub Health, forthcoming

# **Climate Change**

# Climate change and health pathways

- 1. Temperature
- 2. Air pollution
- 3. Wildfire smoke
- 4. Floods (fluvial)
- 5. Tropical cyclones
- 6. Malaria and dengue
- 7. Nutrition/food security
- 8. Population and migration

(a) Global surface temperature change Increase relative to the period 1850–1900

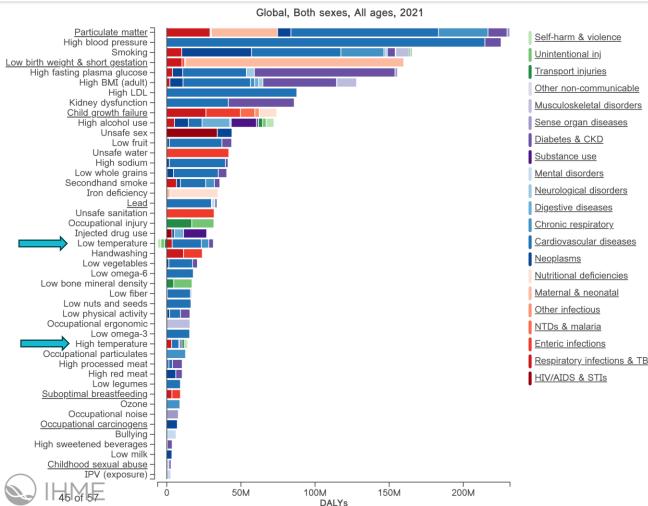


### Estimating the cause-specific relative risks of non-optimal temperature on daily mortality: a two-part modelling approach applied to the Global Burden of Disease Study



Katrin G Burkart, Michael Brauer, Aleksandr Y Aravkin, William W Godwin, Simon I Hay, Jaiwei He, Vincent C Iannucci, Samantha L Larson, Stephen S Lim, Jiangmei Liu, Christopher J L Murray, Peng Zheng, Maigeng Zhou, Jeffrey D Stanaway





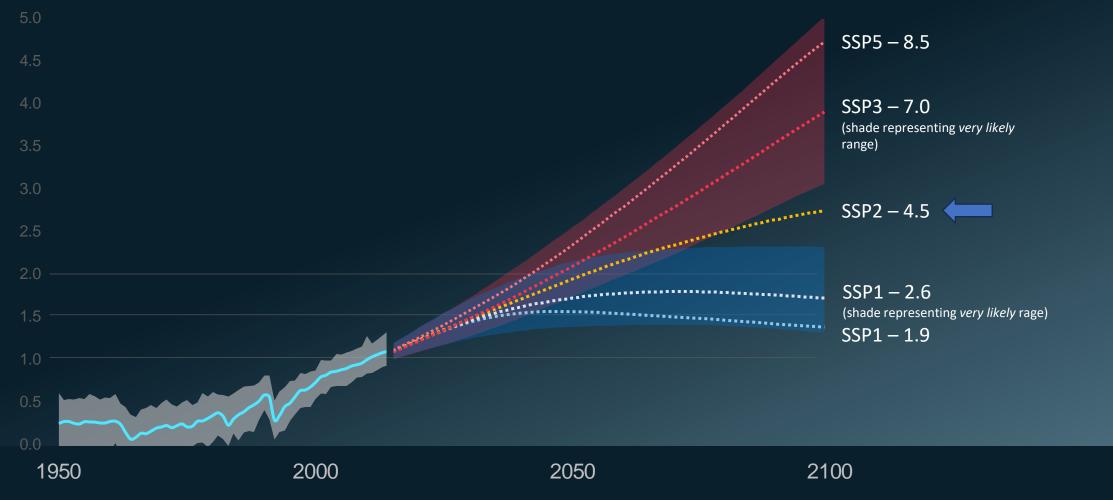
#### GBD 2021 Burden Attributable to Non-optimal Temperature

		DALYs (2021)	Deaths (2021)	SEV (ARC 2000-2021)			
	Non optimal	39.0 M	1.9 M	0.19			
<u>es</u>	Low	25.2 M	1.5 M	-0.31			
2	High	14.1 M	0.44M	0.57			
	SEV: Summary Exposure Value. ARC: Annual Rate of Change						

High temperature exposure is increasing, not offset by low temperature decrease

### Projected global temperature change

Global surface temperature change relative to the period 1850 – 1900 in degrees Celsius



Source: IPCC 2022

## Limitations / future considerations

- No risk factors (e.g. BMI) for COVID-19 burden
- Increases in drug use, stress, anxiety, depression during pandemic not fully captured
- COVID-19 accounted for a proportion of deaths/DALYs that would have occurred due to other outcomes
  - Reduced burden available for risk attribution
- Climate change may impact some important risk factor exposures
   and indirectly impact causes
  - Temperature, air pollution, physical inactivity, dietary (food insecurity), WaSH
  - Malaria, Dengue, Wasting/Stunting, Floods/Storms

## Limitations / future considerations

- Missing risk factors for major causes of burden
  - e.g. Mental disorders account for 5·4% of global DALYs, but only 8·0% attributable to risk factors.
  - e.g. musculoskeletal disorders account for 5.6% of global DALYs, but only 20.5% attributable to risk factors.
- Genetic risk factors
- Use of Burden of Proof
  - evaluate potential new risk factors
  - identify R-O pairs (e.g. 1 and 2-star but large burden) for additional research
- Novel aggregations (e.g. Commercial risk factors, diets)

## THANK YOU

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