

Prospective cohort studies in Canada and their role in assessing environmental risk factors

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Disclosure of Conflicts of Interest

None

Declaration:

 Professor McLaughlin is co-lead of program with funding awarded through a national competition to establish the scientific base for the Canadian Partnership for Tomorrow Project

Outline

- 1. Environmental epidemiology examples and designs
- 2. Cohort study history & Canadian opportunities
- 3. Canadian Partnership for Tomorrow Project
 - CPTP purpose, design & current status
- 4. CPTP for studies of environmental factors
- 5. CPTP partnerships and unique opportunities
- 6. Future directions and discussion

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A Case-Control Study of Long-Term Exposure to Ambient Volatile Organic Compounds and Lung Cancer in Toronto, Ontario, Canada

Paul J. Villeneuve*, Michael Jerrett, Darren Brenner, Jason Su, Hong Chen, and John R. McLaughlin



Toronto-based case-control study: 445 cases & 948 controls

Results: Benzene - OR=1.8 (95% CI = 1.3 - 2.7) Nitrogen dioxide - OR=1.6 (95% CI = 1.2 - 2.1)

Environmental Factors

Genetic Factors 21 publications

24 publications Synergy Consortium – 5K cases + 6.5k controls

Pub

ILCCO Consortium – 12K cases + 15k controls

Exposure OR (95% CI)

Gene

OR (95% CI)

<u>Pub</u>

eg, ETS 1.4 (0.9-2.2) Kim et al, Int J Ca 2014

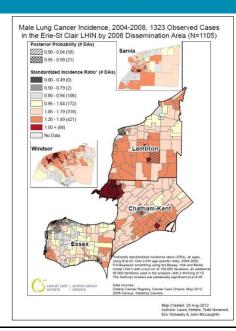
eg, 15q25 1.2 (1.1-1.3) Hung et al, Nature 2009

Consider:

- Strength of association & causality?
- Modifiable risk factor?
- Effective intervention?
- Implementation & by whom?

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Cancer Registry Data - Ontario Population (cohort)



Lung Cancer Standardized Incidence Ratios

 Advanced GIS analysis with Bayesian smoothing & covariate adjustment

Geospatial Analysis Project

(Cancer Research Society grant to McLaughlin, Holowaty, Norwood & Harris)

Population data resources for exposures & outcomes enable environmental studies

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Previously presented - Cross-Canada Case-Control Study - An early report on Glyphosate

[published odds ratio (OR), relative risk (RR) and confidence interval (CI)]

McDuffie et al. (2001), Cancer Epidemiol Biomarkers Prev 10:1155

- Recall of pesticide exposures in early-1990s and before
- 4 types of cancer & many pesticides
- Prior hypothesis re: NHL and Phenoxy-herbicides (e.g., 2,4-D)
- Number who ever used glyphosate

Cases = 51/517 (10%) vs. Controls = 133/1506 (9%)

- Ever used glyphosate OR = 1.2 (95% CI = 0.8-1.7) (adjusted*)
- Longest use of glyphosate OR = 2.1 (95% CI = 1.2-3.7)*

^{*} Logistic regression model adjusted for age, province, medical risk factors (e.g., measles, mumps, family history, etc.)

Study Design Options – e.g., NHL

Non-Hodgkin Lymphoma

- Annual Incidence rate = 20 per 100,000 (age-standardized, both sexes combined / Source: Canadian Cancer Statistics, 2016)
- Rare disease

How large a cohort needed to obtain 500 incident cases?

- Cohort size (approximately)
 - = No. cases / Rate (cases per 100,000 persons per year)
 - = 2,500,000 p-yrs (i.e., follow 100,000 for 25 yrs)
- Whereas our case-control study collected information on approximately 2,000 participants

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Interpretation of Glyphosate Results from Case-control vs. Cohort Studies

Study	OR	# Cases	Exposure Assessment
Case-Control -	NHL		All used self-report
- McDuffie 2001	2.1 (1.2-3.7)	517 (51 exposed)	
- De Roos 2003	2.1 (1.1-4.0)	872	Validation with no evidence or recall bias *
- Eriksson 2008	2.0 (1.1–3.7)	910	
Cohort			Self-report, with validation in sub-study
- De Roos 2005	1.1 (0.7-1.9)	92 NHL (71 exposed)	,
	2.6 (0.7-9.4)	32 Multiple N	Myeloma

* - Blair and Zahm. Epidemiology. 1993; 4:55–62

Radiation & Breast Cancer – A cohort example

Canadian Fluoroscopy Cohort Study

- Howe and McLaughlin. Radiation Research 1996
- Radiation
 Research

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- 31,917 women
- treated for TB in Canadian institution between 1930-52
- 688 breast cancer deaths from 1950 to 1987
- Excess RR approximately constant from 5 to 39 yrs after exposure, with a possible decrease between 40 and 57 yrs
- Model estimates excess lifetime risk of breast cancer mortality after repeated, low-dose radiation exposures
- Relevant to risk assessment for routine mammographic screening

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Cohort study history & Canadian opportunities

Prospective Cohort Studies – A selective history

- Frost (1935) introduced "cohort study" in 1935 to study TB in people born at different periods
- Framingham Heart Study n = 5200 recruited in 1948-52,
 with 65 year follow-up and >3000 publications (Dawber et al)
 - Including odds ratio and early us of logit, leading to logistic regression (Cornfield 1951)
- Doll and Hill (1954) published 1st mortality follow-up from British Doctors Study – n=40,000 recruited in 1951 and followed for 50 years (Doll et al 2004)
 - Assessing environmental risk factors e.g., Doll and Peto (1954)
 re: smoking

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Prospective Cohort Studies in Canada

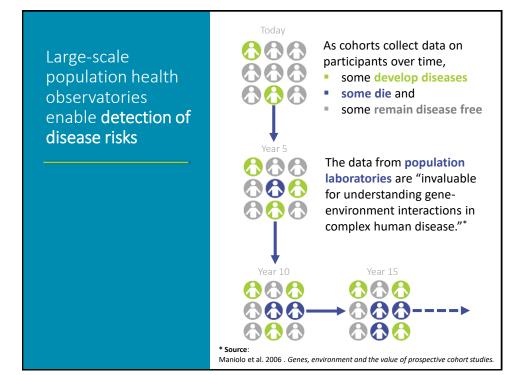
- a brief historical selection
- Computerized record linkage (Newcombe, Science 1959)
- Many cohort eg's across Canada by population stratum, age (birth, older ages), occupation, geographic, ethno-cultural, diseasestatus, etc.
- Canadian Fluoroscopy Study 120,000 adults fluoroscoped for TB therapy from 1930-52 with 60+ yr follow-up - linked to mortality and cancer incidence (Miller et al.)
- Canadian National Breast Screening Cohort Study (NBSS) 90,000 women in RCT of breast cancer screening, ages 40– 59 between 1980-85, 30 yr follow-up by record linkage (Miller et al.)

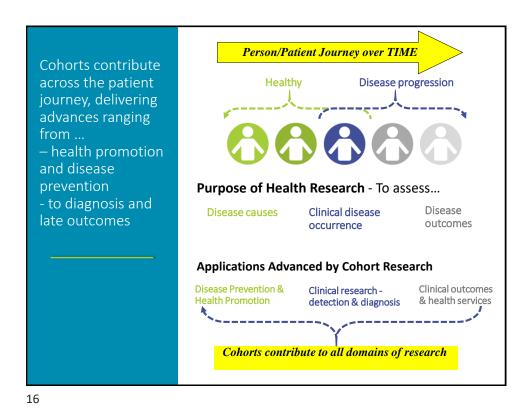


Anthony Miller
Professor Emeritus, DLSPH
and Order of Canada! (Dec. 2019)

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Canadian Partnership for Tomorrow Project (CPTP) - Purpose, design & current status





CPTP - A confederation of 6 regional cohorts (covering 9 provinces, with final province in progress) CPTP's new scientific base Atlantic PATH established at the University of DALHOUSIE Toronto in 2019 (with Ontario TORONTO Institute for Cancer Research) **BC Generations** Quebec Project CARTAGENE BC Cancer Agency Université de Montréal Ontario Health Study Étude sur la santé Onta CancerCare **Ontario Health Study** Manitoba

Manitoba Tomorrow

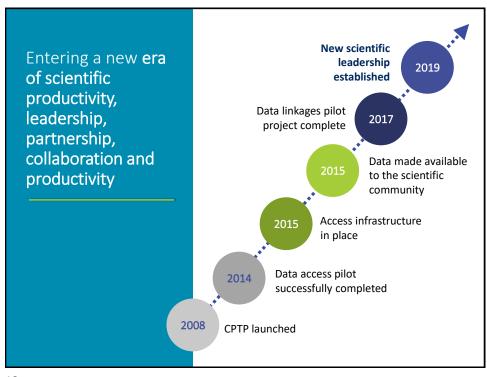
Project

OICR

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Alberta Tomorrow

Project



CPTP's leadership brings extensive experience in building large-scale research initiatives

- Build on & strengthen established structures
- Strong scientific and operational leadership
- Build on existing partnership
- Designed to strategically attract new partners



Dr. John McLaughlin Executive Director



Dr. Philip AwadallaScientific Director

Eexperienced in building and sustaining major research platforms used by researchers across Canada, including CPTP.

- Leadership Team:

- Dr. Trevor Dummer, National Scientific Co-Director at UBC - with all Regional Directors
- Operational leads across Canada
- National Strategic Advisory Council with Funders and Hosts
- International Scientific Advisory Board

CPTP Purpose, Vision and Mission

Purpose: Enhance and accelerate research to prevent disease for a healthier Canada.

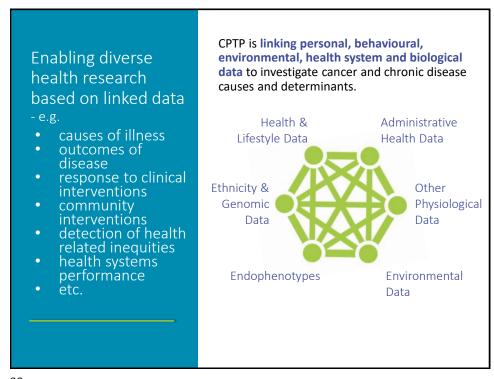
Vision: Improve population health through a better understanding of the causes of chronic disease and cancer.

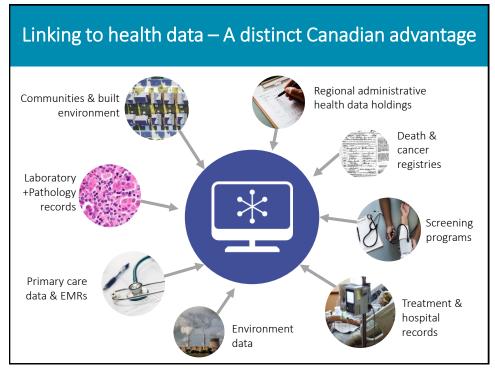
Mission: To provide a national platform that supports high quality, innovative population health research in Canada and globally.

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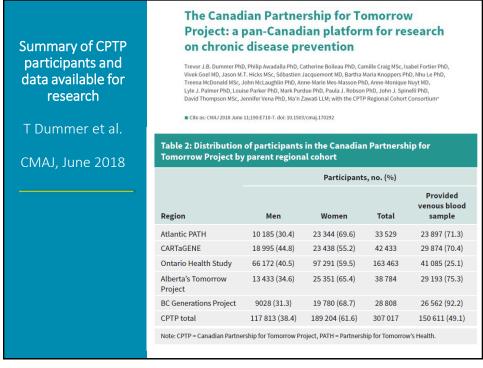
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CPTP Data and Biosamples: Beginning in 2008 **Physical** Core **DNA** containing **Toenail Urine samples** questionnaire samples measures clippings • >30,000 Venous blood • 101,000 • >300,000 Up to 90,000 collection Demographics Height/weight (>150,000) Lifestyle Waist/hip Blood spots Risk factors circumference (>28,000) BMI Several others Saliva · Grip strength (>8,000)



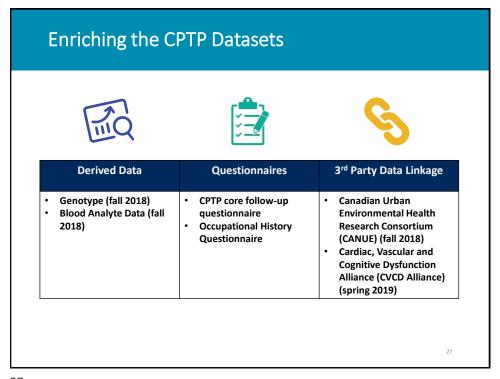


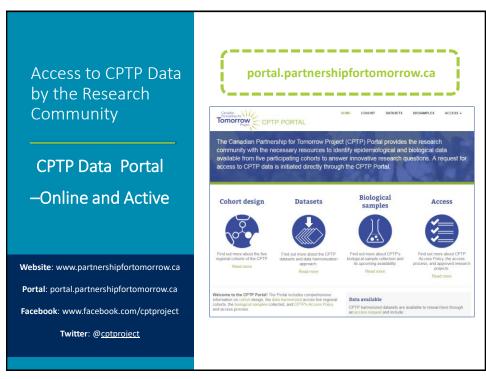




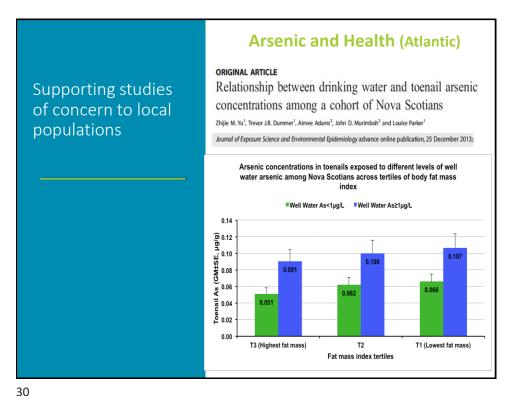
Overall perception of health status in the CPTP cohort **CPTP** follows both Poor healthy and affected 2% Fair participants over 9% time Good (i.e., prevalent & 33% incident disease) Very Good 40%

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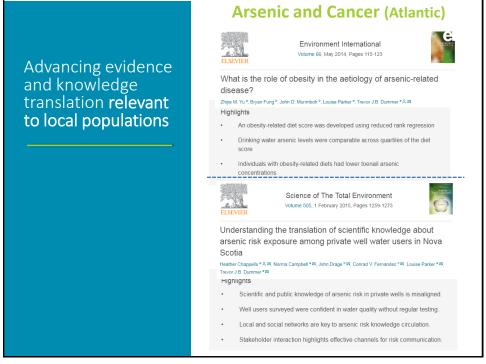




CPTP for OEH research on environmental determinants of disease



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CPTP Partnership:

Canadian Urban Environmental Health Research Consortium

Funded as CIHR Signature Initiative (\$4M over 5 years)

Environmental data linked to CPTP

CANUE is **led by**:

- Dr. Jeffrey Brook (PI)
- With CPTP leaders and interdisciplinary, pan-Canadian team of research leaders and collaborators

- Every location in Canada described by complex set of environmental factors
- CANUE is building capacity to study how these multiple environmental factors are linked to a wide range of health outcomes
- Enable effective, evidence-based strategies for planning healthy cities and towns, today and in the future.



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CANUE Data Platform – Data Themes



NEIGHBOURHOOD FACTORS GREEN/BLUE SPACES













AIR QUALITY

NOISE

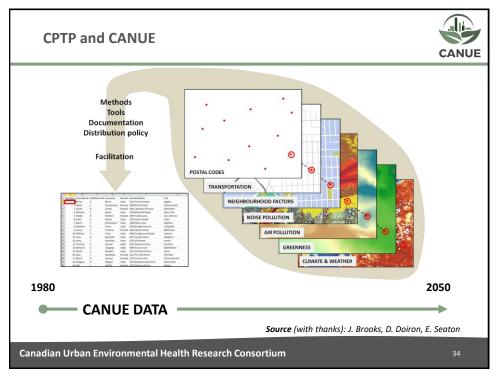
TRANSPORTATION

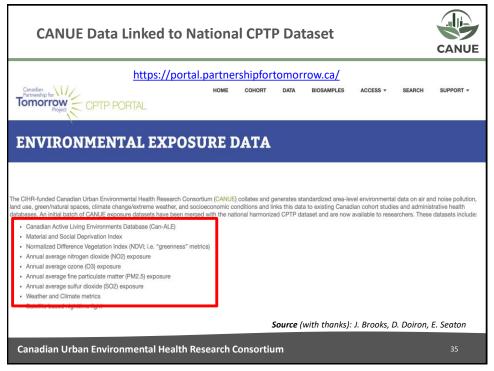
ANALYSIS-READY EXPOSURE DATA = easy for researchers to access and use

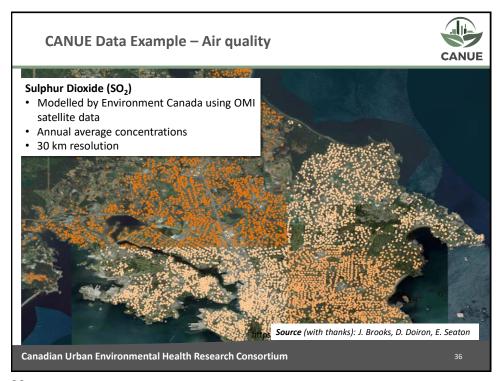
Source (with thanks): J. Brooks, D. Doiron, E. Seaton

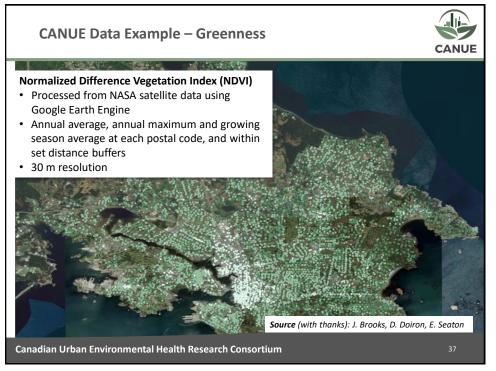
Canadian Urban Environmental Health Research Consortium

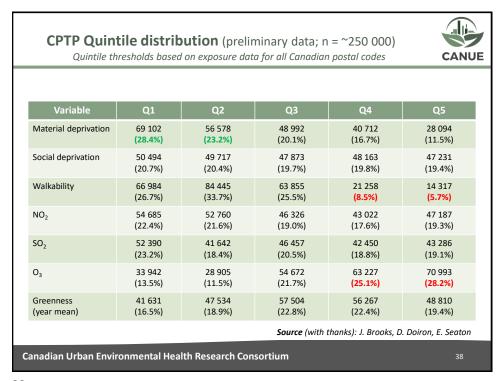
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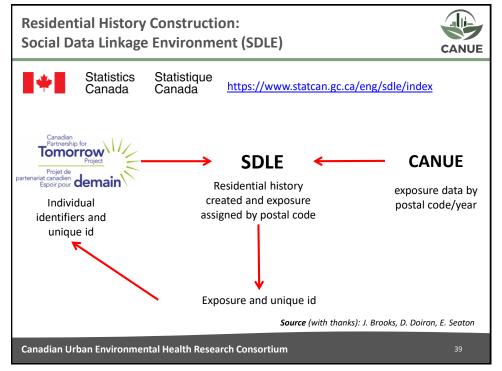


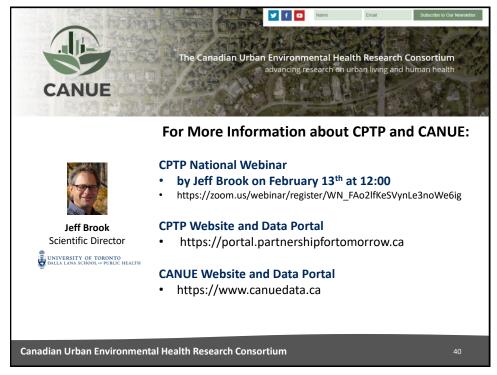












CPTP Partnerships & Unique Opportunities

Key partnership:

Canadian Alliance for Healthy Hearts and Minds (CAHHM)

Funded by CPAC, to advance cardiovascular and cerebrovascular research

Comprehensive clinical and imaging data for a CPTP subset across Canada

Recruitment, assessment, specimen / data collection completed; MRI's completed; Resource being made available for research uses.

- Collected detailed information on vascular disease, cardiac disease and cognitive function using MRI scans
- Data collected from 10,000 Canadians through existing cohorts, including 1500 First Nations people living in Canada
- Unique data to evaluate the impact of diverse environmental determinants on cardiovascular health





The Alliance is co-led by **Drs. Sonia Anand**, Matthias Friedrich and the late Jack Tu.

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Key partnership:

Pan-Canadian Realworld Health Data Network (PRHDN)

Enable CPTP to access linked health systems data from across Canada

PRHDN led by K. McGrail (BC), with M. Schull (ICES), national team and with CPTP leaders as coapplicants and end-users

PRHDN is a distributed data network that allows researchers and policy/decision makers across Canada to use linked and linkable administrative (real-world) data holdings and expertise in multi-province studies and initiatives without requiring that data leave provincial boundaries.



Canadian Population Studies & CPTP's Unique Stature (examples)

Cohort studies with comprehensive data and biospecimens:

N participants

CPTP (Canadian Partnership for Tomorrow Project) > 320,000 **CLSA** (Canadian Longitudinal Study of Aging) ~ 50,000 2001 MIREC (Maternal Infant Research on Environmental Chemicals) CHILD (Canadian Healthy Infant Longitudinal Development) 3455

Examples of alternative platforms:

Canadian Health Measure Survey (5 cross-sectional surveys) ~ 29,000 Canadian Community Health Survey (X-S survey every 2 yrs) ~ 65,000

Large size essential to assess complexity & rare exposures or outcomes

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CPTP singularly enables Canada to contribute to the network of internationally recognized largescale initiatives

CPTP is an internationally recognized largescale initiative (100,000+ participants) working with other large cohorts around the world, including:

Biobank Japan

China Kadoorie Biobank

Canadian Partnership for Tomorrow Project (CPTP)

LifeGene

Kaiser Permanente Research Program

Million Veteran Program

Million Women Study

Multiethnic Cohort Study

MyCode Community Health Initiative Nurses' Health Study (NHS/NHSII)

US Precision Medicine Initiative/ All of Us

Tohoku Medical Megabank Project

Future Directions and Discussion

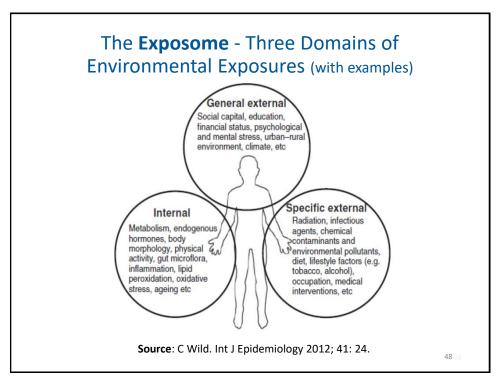
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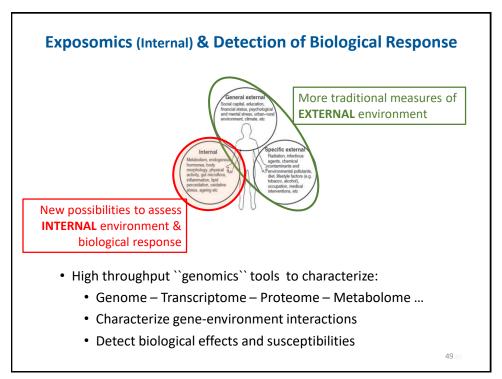
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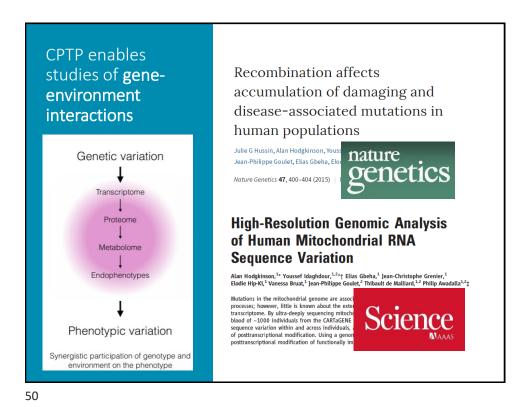
CPTP Innovations for Occupational Epidemiology

Evaluation of AI algorithm to Classify Occupational History (2019-20)

- PI Dr. Ellen Sweeney, Director of Strategic Research Initiatives, Atlantic PATH
- Interdisciplinary team conducting project to enhance CPTP's data platform
- Aim to improve data quality by harmonizing data of Atlantic Path's and Alberta's Tomorrow Project's 111,000 occupational history questionnaires
- Automatic Semantic Occupational Coding algorithm (Bao, Baker, Adisesh) to analyze and harmonize open-text data, occupational history information across two cohorts, and evaluated for utility in other regions.







CPTP enables studies of gene-environment interactions, of direct relevance and interest to communities

Gene-by-environment interactions in urban populations modulate risk phenotypes

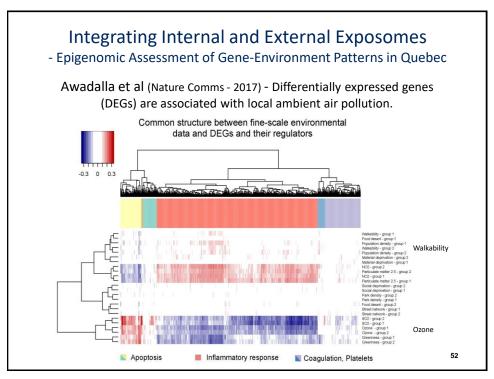
Marie-Julie Favé, Fabien C. Lamaze, David Soave, Alan Hodgkinson, Héloïse Gauvin, Vanessa Bruat, Jean-Christophe Grenier, Elias Gbeha, Kimberly Skead, Audrey Smargiassi, Markey Johnson, Youssef Idaehdour & Philip Awadalla

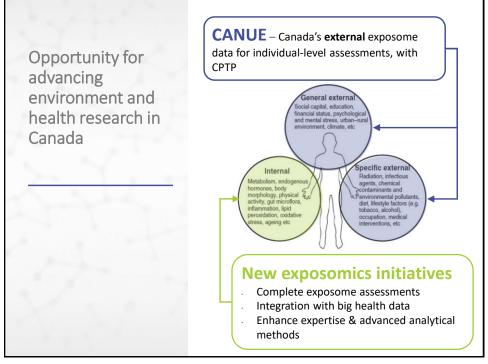
Nature Communications 9, Article number: 827 (2018) | March 2018



Genetic study of Quebec residents finds air pollution trumps ancestry

"That's really what precision health is about," Dr. Awadalla said. "You want to capture these things before people are in the doctor's office and having to be treated."





Discussion

CPTP makes "Big Data" and Cohort approachs possible to detect and manage environmental effects on health across Canada.

What could you do with ongoing data on more than 300,000 participants across Canada?

- Analysis of existing data, and collaborations to expand on and enrich data – e.g., advanced exposure assessment, exposomics...
- A platform for your grants, to support analytics and grad students
 e.g., CIHR calls for proposals.
- A base and starting point for major initiatives e.g., as with "Alliance" (CAHHM), CANUE, CFI, New Frontiers...
- Collaborations to resolve gaps and limitations in Canada's population data capacity – e.g., sustained cohort follow-up complements Canada's existing platforms for monitoring, characterizing and managing environmental health effects.

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Thanks to all CPTP participants and supporters across the 6 regional cohorts who generously donate their time, information and biological samples. CPTP is a success because of participants' ongoing commitment.

