Cancer risk among firefighters in the Norwegian Fire Departments Cohort

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Background



Background

2007: IARC classified firefighting as **«possibly carcinogenic»**

2014: «Norwegian firefighters fighting cancer» formed

2017: «Cancer risk among firefighters» project with the Cancer Registry and the National Institute of Occupational Health began

Part of the project **«Health risks and health effects of firefighter work»** led by Sintef Digital



Exposures

Firefighters are exposed to many known and potential carcinogens through their work

Main sources:

- At the fire scene
- Diesel and gasoline exhaust
- Contaminated equipment

Main routes for exposure:

- Inhalation
- Dermal absorption





Carcinogens (Group 1)

Exposure	Cancer site		
Arsenic	Skin, lung, liver		
Asbestos	Lung, mesothelioma, larynx, gastrointestinal tract		
Benzene	Leukemia		
Benzo[a]pyrene	Lung, bladder, skin		
1,3-Butadiene	Lympho-hematopoietic		
Cadmium	Lung		
Polychlorinated biphenyls (PCBs)	Skin (possibly non-Hodgkin's lymphoma, breast)		
Radioactivity (Y-activity)	All sites combined		
Radionuclides (α- og β-particle-emitting)	All sites combined		
Silica (crystalline)	Lung		
2,3,7,8-tetrachloro dibenzo-para-dioxin	All sites combined, lung, non-Hodgkin's lymphoma		



Previous findings

Earlier studies have found elevated risk of several cancers among firefighters

- Meta-analyses/reviews: LeMasters et al (2006), IARC (2010), Sritharan et al (2017), Jalilian et al (2019), Casjens et al (2020), Laroche et al (2021)
 - Cancer of the stomach, colon, rectum, prostate, testis, kidney, bladder, thyroid, and non-Hodgkin lymphoma, multiple myeloma, mesothelioma and cutaneous melanoma
- Heterogeneous findings



Previous findings

Study (Year)	Pukkala et al (2014)	Daniels et al (2014)	Glass et al (2016a)	Harris et al (2018)
Region	5 Nordic countries	3 U.S. cities	Australia	Canada
Follow-up	1960–2003/5	1979/1995–2009	1998/2000–2010	1992–2010
N	16 422	24 453	17 394	4535
Person-years	412 991	403 152	247 469	81 390
Findings	Lung adenocarcinoma Prostate Melanoma Non-melanoma skin All sites combined	Oesophagus Intestine Large intestine Lung Kidney Bladder Mesothelioma Buccal & pharynx All sites combined	Melanoma Prostate All sites combined	Prostate Melanoma Hodgkin's lymphoma



The Norwegian Fire Departments Cohort

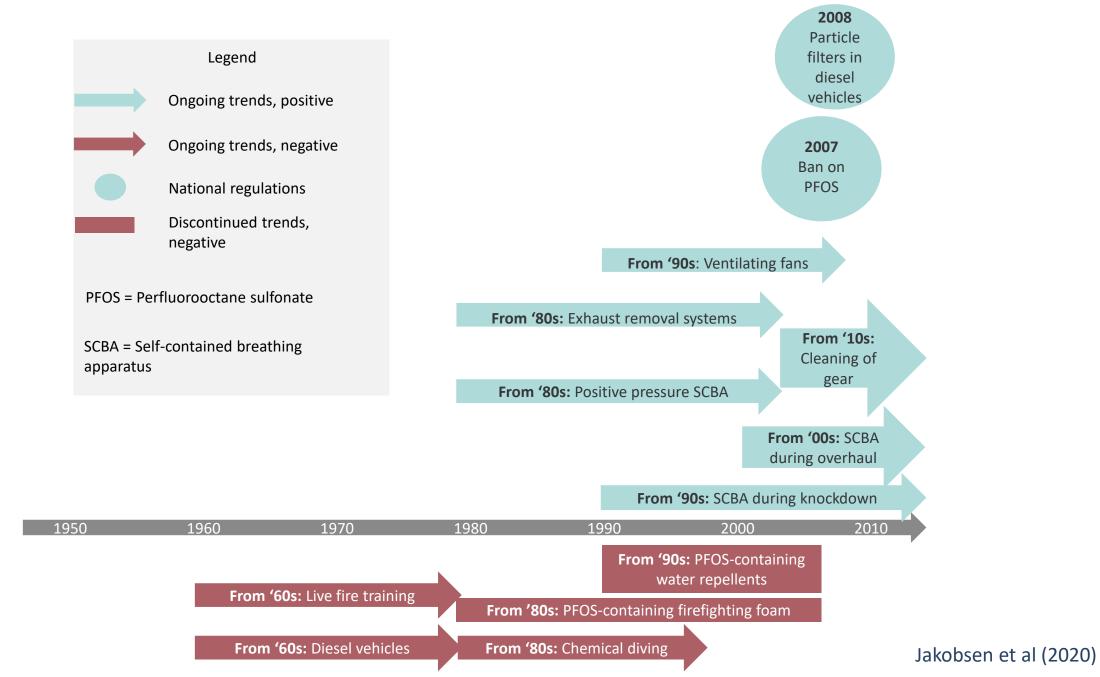


Cohort

- 15 fire departments
- 1950–2018
- 4627 in the Norwegian
 Fire Departments Cohort
- 3881 firefighters



Timeline summarizing changes occurring in Norwegian fire departments' work conditions from 1950 until today



Cancer incidence in sites potentially related to occupational exposures: 58 years of follow-up of firefighters in the Norwegian Fire Departments Cohort

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Article 1: SIR á-priori

AIM:

To assess cancer incidence in sites of \acute{a} -priori interest based on established associations with carcinogenic exposures normally encountered during firefighting, by linking firefighters in the newly established Norwegian Fire Departments Cohort to outcome registries



Article 1: SIR á-priori

Carcinogenic exposures



Sites with established associations to exposures

Respiratory, urinary, and lympho-haematopoietic systems, skin, and all sites combined



Assess cancer incidence in these sites



Methods

- 3881 firefighters
- Linkage to the Cancer Registry of Norway (1960–2018)
- Standardized incidence ratios (SIR)
 - Reference: Norwegian male population
 - Adjusted for age and calendar year
- Stratified SIR
 - Period of first employment (≤1949, 1950–1969, ≥1970)
 - Duration of employment (≤9, 10–19, 20–29, ≥30 years)
 - Time since first employment (≤19, 20–39, ≥40 years)



Research team & collaborators

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Thank you

Project: https://www.kreftregisteret.no/Forskning/Prosjekter/brannmenn-og-kreft/

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